



Pravara Institute of Medical Sciences

(Deemed to be University)

Re-Accredited by NAAC 'A' Grade with CGPA 3.17 for Cycle 2

Loni-413 736, Tal Rahata, Dist. Ahmednagar, Maharashtra (MS), INDIA

Schemes of PIMS-DUs

Capability Enhancement Program (Individual Program)

Capacity enhancement shall also be the additional goal of any educational institution. Pravara identified it as continuous process which helps the students in improvising their critical thinking and their skills in better executions. This can be achieved by implementing various programs in helping them out to make ready for enhanced career through desirable placements.

The programs and schemes available are as follows:

1. Soft skill development
2. Language and communication skill development
3. Yoga and wellness
4. Analytical skill development
5. Human values development
6. Personality and professional development
7. Employability Skill Development

1. Soft skill development

Soft skills development Scheme is to expose the students in focusing on the application of one's skills to shape their career. It serves students to change their approach towards the life and work. Soft skills are interpersonal skills to develop different patterns of behaviors. It enhances individual's personality, and characterizes how to build good relations with other people in their career.

Essentially, soft skills for the students are helpful in their long-term success which is in need of an hour. It includes student's skills, personality skills, and communication abilities. Wherever a student approaches to seek a job they have to foster their skill for better quality. All departments emphasize the student's orientation in soft skill development. As, students have to interact with different kind of people which is basic requirement in almost every job.

Soft skill includes higher order thinking, social skills, communication skills, self-control, positive self-concept empathy, and goal orientation. Soft skill empowers student to collaborate for better teamwork, efficiency, and productivity.



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2. Language and communication skill development

Linguistic skills and Communication skills hold the foundation of personal growth. Good command on communication skills is vital for health care professionals. Psychosomatic methods of pain control comprise of good communication with good verbal counseling. Health care professional with good professional skills without command over communication skills may prove ineffective in clinical practice. Thus, development of good communication skills is the key for anxiety control.

As students in health care come from different social as well as regional background, language becomes the barrier in communication even with the peers during initial phase of education. Karad have Marathi as its regional language. Students across India pursue health education in this esteemed institution. Training these students in local language is utmost important for better communication with patients.

The Institute is known for implementing different languages and communication skills Schemes to train students and enhance their quality of life.

3. Yoga and Wellness

Yoga and wellness Schemes for students play a crucial role in handling stress during exam preparation. During examinations, students develop lot of anxiety and hence there are common complains of loss of energy, forgetfulness, worry, tension, headache. Merely informing the students to calm down and suggesting home-remedies are not enough to calm them. Teaching and making them practice Yoga is one of the right methods to deal with exam stress. Yoga tips and Asana for the students help them to improve concentration and memory to perform better in examination. Create learning wellness awareness through meditation techniques, pranayama techniques which are a cooling form of Pranayama, is great for calming the mind and body, resulting for just five minutes. All departments emphasize on the implementation of yoga and wellness for the students.

4. Analytical skill development

Implementation of analytical skill development emphasizes to sharpen the students and strengthen them for success. One secret of long-term success lies developing and strengthening analytical skills.

Health care professionals are craved with good an analytical skill which proves effective in their day-to-day clinical practice. Students across India pursue health education in this esteemed institution. It includes analysis, clinical interpretation of various therapeutic diagnostic skills and procedures. Analytical skills describe our ability to understand and solve problems using the



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available information. The Scheme involves in development of individuals analytical thinking abilities. Critical Forecasting is the ability to predict the possible outcomes of strategies and actions. In a professional setting, forecasting involves the analysis of data – often through illustrations like charts, graphs, and detailed list. This will extremely prove a skill-based training improves student's research oriented analytical skills.

5. Human values development

A doctor should be a good human being for being a successful care professional. Values are the building blocks of our lives. Basic human values refer to those values which are at the core of being human. They are essential for positive human behavior and actions in our daily lives. They are formed on the basis of interests, choices, needs, desires and preferences. Basic values are truth, honesty, loyalty, love and peace, because they bring out the fundamental goodness of human beings and society at large. Human values are integral part of one's personality and affects employability quotient. The students having better human values will have better placements, employments and job satisfactions. Value in a human being get established in early childhood but value awareness, ethical awareness and reasoning skills in favor of value based and ethical decision can be improved throughout life. Human values and professional ethics in a combination way influence right conduct, behaviors and decision.

Keeping up this spirit, we emphasize on imbibing human values in budding health care professionals for better patient care.

6. Personality & professional development

Personality holds the key for development of self-belief which in turn is important for generating self-confidence. Student's personal growth carries the key to have resonance amongst peers. Personality is multi-factorial comprising of individuals thoughts, behavior & feelings. Even approach of the individual makes his personality positive or negative for world. Psychology drives the personality as personality development is a lifelong process. In health care professional's personality development carries the key for success not only in personal spheres but also in professional spheres of life. Thus, development of personality is a responsibility of the teaching institution itself.

Professional development generates with greater professional exposure but that does not warrant inculcation of professional ethics in an individual. Most important of professional values are professional ethics & sensitivity. Health care professionals should be well equipped with newer knowledge & professional advances in terms of skills. As health care sector is one of the fastest evolving professions, it's important that the students adapt well to the newer skills through various schemes implemented by the institution.



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7. Employability skill development

The education is not only to teach the skill but also to teach how to employ the same. In this competitive world, the students should have the ability to survive with the skills acquired and practiced. Teacher's responsibility does not end by imparting the knowledge, but he should also teach how to knowledge in the practical world. Employability skill comprises of taking initiatives, showing interest, adapting to new working conditions, communicating well, following discipline and striving to growth of the employer. Employability skill development scheme are conducted for overall growth of students. As it is said, the greatest charity is not to provide bread or money, but it is to provide employability. The Institute rightly believes in the proverb, "If you give man a fish you will feed him for a day, but if you teach a man how to fish, you will feed him for life".

These Schemes has designed for the students to foster their skill to sharpen, improve and retain their knowledge for continuous improvement in the quality of healthcare services.



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Objectives of programs:

1. Soft Skill Development:

1. To inculcate the leadership qualities amongst the students.
2. To imbibe team-building skills.
3. To develop a good perspective towards building a positive pattern and good behavior.

2. Language and Communication Skill Development

1. To understand the methods, they use their energy levels to study effectively.
2. To help them learn the regional language.
3. To help them learn how to manage themselves better

3. Yoga and Wellness

1. To enable students to have good health.
2. To help them improve concentration and memory to perform better in examination
3. To make them practice mental hygiene and calmness

4. Human Value Development

1. To incorporate moral values that ought to guide the profession
2. To create awareness , conviction & commitment to values for improving the quality of life
3. To imbibe positive thinking ability

5. Analytical Skill Development

1. To help them learn analytical skills for interpreting data
2. To make them understand and develop critical thinking skills
3. To help them learn the application of analytical skills in clinical practice

6. Personality and Professional Skill Development

1. To create awareness amongst students on how to Improve work-life balance
2. Build and Improve Professional Relationship
3. To inspire and help them define their personal pathway to career success

7. Employability Skill Development

1. To learn social skill and attitude to work together with others
2. To create empowered high force work power in a competitive world
3. To develop high thinking skills



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Details of the Scheme are as follows:

a. Group I of the Program:

1. Soft skill development program
2. Language and communication skill development program

b. Group II of the Program:

1. Yoga and wellness program
2. Human values development program

c. Group III of the Program:

1. Analytical skill development program
2. Personality and professional development program
3. Employability skill development program

For better implementation of the schedules the scheme are categorized under three groups

Duration:

For the implementation of the said Scheme, following schedule was finalized

July to October	To be implemented with Scheme of group I, II, and III.
January to March	

Eligibility:

Students of all institutes can enroll for these Scheme as follows:

Group I Scheme for First-Year Students

Group II Scheme for Scheme -Year Students

Group III Scheme for Third & Final Year Students

Enrolled students are eligible to attend the Scheme in that cluster during that period

Enrollment form:

Enrollment forms are available on the website as well as in college / institute.



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Capacity Enhancement & Skill Development Schemes

Enrollment form

A) Name of the Student – Dr./ Mr./ Miss

B) Name of the Institution-

1. Dr. Balasaheb Vikhe Patil Rural Medical College –
2. Rural Dental College –
3. Dr. APJ Abdul Kalam College of Physiotherapy –
4. Smt. Sindhutai Eknathrao Vikhe Patil college of Nursing –
5. Centre for Biotechnology –
6. School of Public Health and Social Medicine –
7. College of Pharmaceuticals Science -

c) Year Semester –

- Medical
- Dental
- Physiotherapy
- Nursing
- Allied Sciences (CBT / SPHCM)
- Pharmacy

D) Schemes – (Tick in front of scheme)

1. Soft skill, Language and communication skill development scheme
2. Yoga, wellness and human values development scheme
3. Analytical skill development, personality and professional development and employability skill development scheme

Signature of Student



Registrar
Pravara Institute of Medical Sciences
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Dist. Ahmednagar (M.S. India)