



Annual Report 2020-21

Women Empowerment Cell

Dr. Vaishali Deepak Phalke

Professor, Community Medicine, RMC, Loni

Chairman, Women Empowerment Cell

1. Preamble :

A Women Empowerment Cell in any institution symbolizes a safety hub for the students and staff. It is also the sign of progression and open thinking. Women Empowerment Cell (WEC) has been constituted to empower and safeguard the rights of female members; faculty staff and students of the University. The WEC works to promote gender sensitivity in the university and conduct diverse programmes to educate, sensitize both male and female members and produce harmonious atmosphere on the campus. It works for the welfare of the students and faculty towards preparing them in to competent professionals to take up greater challenges in the academic sphere. **These cells play an important role in voicing opinions on important matters that affect the daily life of women. They provide a platform where students can comfortably participate and share their views. They actively promote gender equality.**

2. Aim :

To create awareness of the Women's Right and to empower Women

3. Objectives :

- I. Identification of strong leadership and change makers and building their capacity.
- II. To promote a culture of respect and equality for female gender.
- III. The provision of opportunities and programs for female gender to be financially, mentally and emotionally empowered so as to promote their growth as individuals in their own right.
- IV. To make them aware about the guidelines of Supreme Court and to ensure that sexual harassment is treated as an unacceptable social behavior within the institution and the society.
- V. To involve NSS students of PIMS (DU) to interact with rural and urban women who lack formal education and identify projects suitable for up gradation using technology.
- VI. To conduct seminar, workshop to impart knowledge of opportunities and tools available and train the women.

- VII. To help the self help group women to get financial support by identifying the sources.
- VIII. To create social awareness about the problems of women and in particular regarding gender discrimination.
- IX. To guide about Women Welfare Laws.
- X. To assert the importance of spiritual, economic, social, racial and gender equality.
- XI. To highlight the importance of health and hygiene.
- XII.** To direct Women's role in the society. To develop multidisciplinary approach for the overall personality development.

4. Composition of Women Empowerment Cell :

Vice Chancellor will appoint the various staff members from the constituent colleges, Social Worker, Non-Teaching Staff in the cell.

The term of office of the members of the Women Empowerment Cell shall be for a period of three years.

If there is any vacancy arises Vice Chancellor will nominate the person on the vacant place.

5. Duties of Women Empowerment Cell :

The cell will organize various programmes for women empowerment with the help of all constituent units of Pravara Institute of Medical Sciences (DU).

- I. To organize workshops and sensitization programmes both for staff and students by eminent Psychologists and social workers. ‘
- II. To organize Guest Lecture on Legal Aids for Women
- III. To organize Competition on ‘Awareness on Legal Rights of Women’
- IV. To organize orientation seminar to discuss the nature and scope of the sexual harassment of women at the workplace (Prevention, Prohibition and Redressal) Act 2013, at the beginning of the academic year.
- V. One or more workshops/seminars annually where external experts on the subject will interact with all employees and students
- VI. To organize Seminars, performances and discussion forums where gender sensitization and gender awareness will be the focus.
- VII. Spreading awareness of the policy and implementation of the same through informal sessions, performances, cultural events, etc., about the policy being implemented by PIMS (DU).
- VIII. To prepare the proposal for organizing the various activities mentioned above for the approval of management.
- IX. To organize minimum 3 to 4 guest lecturers in academic year.

Activities of Women Empowerment Cell

1.	Radio talk by Mrs.Bharati Weljale Associate Professor College of Nursing PIMS	Breast feeding	1 st to 7 th August 2020	Covering people from five talukas of Ahmednagar district(Rahata, Sangamnagar,Srirampur, Rahuri and Kopargaon
2.	Radio talk by Dr.Noopur Kulkarni Associate Professor College of Physiotherapy PIMS (DU)	Exercise at home during COVID 19 Pandemic	28 th August 2020	Covering people from five talukas of Ahmednagar district(Rahata, Sangamnagar,Srirampur, Rahuri and Kopargaon
3.	Webinar Dr.Deepali Hande Professor DR.APJAKCOPT	Home Exercise program for Homemakers in COVID 19 Pandemic	4 sep 2020	For 1671 Home makers
4.	Webinar Miss.Rucha Phalke Final year MBBS student	Precautions to be taken during COVID 19 for school children	28 th sep 2020	For 1205 school children
5.	Webinar Dr.Deepali Hande Professor DR.APJAKCOPT	Ergonomics during online education programs for school children	26 october 2020	For 428 school children
6.	Webinar Dr.Shweta Vikhe Intern From RDC	Dental care in children	10 th oct 2020	For 582 school children
7.	Radio talk Dr.Rutuja Pundkar Associate Professor Community Medicine RMC	Global Hand washing Day	15 th october2020	Covering people from five talukas of Ahmednagar district(Rahata, Sangamnagar,Srirampur, Rahuri and Kopargaon
8.	Webinar Miss.Shivani Kharde IIIrd year Dental student of RDC	Say no to Firecrackers Green Diwali	9 th November	For 500 school children.
9.	Radio Talk Dr.Dhamne M.O ART Centre PRH	World AIDs Day Theme and facilities available at ART centre of PRH	1 st December	Covering people from five talukas of Ahmednagar

				district(Rahata, Sangamnagar, Srirampur, Rahuri and Kopargaon)
10.	Empowerment of Women during COVID-19 Pandemic By Students of 1 st , 2 nd , 3 rd year MBBS . Under Guidance of Dr. Vaishali Phalke	Each student Empowered one woman	During pandemic	600 hundred Women Empowered.
11.	Workshop By MPH 2 nd year students Under Guidance of Dr. Thitme CSM	Social Innovation for Women's Health	11 th Jan 2021	25 students of MSW and MPH
12.	Research Project by Twelve MBBS Student Under guidance of DR. Sanjay Buktar Associate Professor Department of FMT RMC	Research project Red light	2020	100 Female sex workers were covered under project
13.	Empowerment of Female sex Workers by twelve MBBS students Under guidance of Dr. Sanjay Buktar Asso. Professor FMT	Red light to green light	During lockdown	100 Female sex workers were covered .
14.	Radio Talk By Mrs. Sonali Kashid Tutor College of Nursing PIMS	International Midwife Day 2021 Theme & scope	5 th May 2021	Covering people from five talukas of Ahmednagar district(Rahata, Sangamnagar, Srirampur, Rahuri and Kopargaon)
15.	Radio talk by Mr. Rajendra Lamkhede Professor College of Nursing PIMS	Scope of Nursing Eligibility and course available at PIMS	12 th may 2021	Covering people from five talukas of Ahmednagar district(Rahata, Sangamnagar, Srirampur, Rahuri and Kopargaon)
16.	Radio talk by Mr. Sharad Dighe Assit Professor College of Nursing PIMS	International Nurse Day	12 th May 2021	Covering people from five talukas of Ahmednagar district(Rahata, Sangamnagar, Srirampur, Rahuri and Kopargaon)
17.	Audio to generate awareness ,among school children &	'We need to step up	28th May 2021	Covering people from five talukas of

	Parents ,Female health Workers under CSM ,anganwadi workers and for Community Radio broadcast By Dr. Varsha Assit.Professor.Community Medicine	action and invest in menstrual health and hygiene now!		Ahmednagar district(Rahata, Sangamnagar,Srirampur' Rahuri and Kopargaon ,Two schools ,350 FHVS , Anganwadi Workers & Non teaching staff of PIMS
18.	Audio for prevention of COVID 19 infection among children for parent ,schools ,FHVs, Anganwadi workers and Community Radio broadcast By Dr.Varsha Assit.Professor Community Medicine	Prevention of COVID 19 among Children	15th June 2021	Covering people from five talukas of Ahmednagar district(Rahata, Sangamnagar,Srirampur' Rahuri and Kopargaon ,Two schools ,350 FHVs , Anganwadi Workers & Non teaching staff of PIMS
19.	Audio and Radio Talk by Mrs.Shital Tambe, Blood bank Technologist, PRH, Loni	How to use Menstrual Cup and its advantages	07 th July 2021	Covering people from five talukas of Ahmednagar district(Rahata, Sangamnagar,Srirampur' Rahuri and Kopargaon ,Two schools ,350 FHVs , Anganwadi workers & Non teaching staff of PIMS
20.	Webinar for students under PIMS (DU) By Dr.Mrs. Vaishali Deepak Phalke Professor Community Medicine Chairman Women Empowerment Cell PIMS (DU)	Sustainable Menstruation with Menstrual Cup	19 July 2021	All students under PIMS (DU)

Activities of International Women's Day 2021

Sr. No	Activity	Title of the program	Date	Participants male	Participants female
1.	Write-up in English on theme of International Women's day for Staff and students of PIMS (DU) circulated on all groups. Dr. Mrs. Vaishali Phalke Chairman WEC	# Choose to Challenge	8 th March 2021	1000	1100
2.	Write-up in Marathi for non teaching staff of PIMS By Dr. Mrs. Vaishali Phalke Chairman WEC	# Choose to Challenge	8 th March 2021	250	250
3.	Radio Talk on Community Radio 90.8 MHz By Dr. Sangeeta Vikhe Nursing Superintendent PRH Loni	International Women's Day	8 th March 2021	Covering people from five talukas of Ahmednagar district (Rahata, Sangamner, Srirampur, Rahuri and Kopergaon)	
4.	Video prepared by III/II MBBS students to generate awareness on theme of IWD	# Choose to Challenge	8 th March 2021	1000	1100
5.	World café Moderator: Dr. Ketaki Patani Assit Professor Dr. APJAK COPT Loni	"Women in leadership: Achieving an equal future in a COVID -19 World"	8 th March 2021	75	150
6.	Essay Competition Organized by Dr. Shrikant Sant & Dr. Tejas Borkar	Five Powerful ways a women can empower other women.	9 th March 2021	6	23
7.	A guest lecture for students of Dr. A.P.G. Abdul Kalam College of Physiotherapy. Resource Person-	Menstrual Health	10 th March 2021	100	200

	Dr.Kalyani Mahajan MD OBS/Gyn PRH Loni				
8.	Rangoli Competition	Women's day	8 th march 2021	8 participants	Total attendance 170
9.	Poem on strength of women by Miss.Bhakti Porwal III year BDS student & Miss Tanya Singh Porwal Ilyear BDS student	Strength, responsibilities, sacrifice and abilities of women	8 th March	2 participant	170
10.	Skit by BDS students	Depicting strong women	8 th March	16 participants	170
11.	Blood Donation Camp Organised by Dr.Bharati Baviskar Professor Department of Pathology RMC Loni	Blood Donation Camp	8 th March	40 participants	

ACTIVITIES



International Women's Day Rally



Adolescent Health Programme



Guest Lecture on Menstrual Health



World Café on "Women in leadership : Achieving an equal future in a COVID-19 World"



Workshop on Social Innovation for Women's Health



Radio Talk



Skit Depicting Strong Women



Rangoli Competition



Poem on Women's Strength



Ramp walk organised for social upliftment of fsws



Bhadrakali jewellery crafted by fsws with funds collected by redlight symposium team