



Annual Report 2021-22

Women Empowerment Cell

Dr. Vaishali Deepak Phalke

Professor, Community Medicine, RMC, Loni

Chairman, Women Empowerment Cell

1. Preamble :

A Women Empowerment Cell in any institution symbolizes a safety hub for the students and staff. It is also the sign of progression and open thinking. Women Empowerment Cell (WEC) has been constituted to empower and safeguard the rights of female members; faculty staff and students of the University. The WEC works to promote gender sensitivity in the university and conduct diverse programmes to educate, sensitize both male and female members and produce harmonious atmosphere on the campus. It works for the welfare of the students and faculty towards preparing them in to competent professionals to take up greater challenges in the academic sphere. **These cells play an important role in voicing opinions on important matters that affect the daily life of women. They provide a platform where students can comfortably participate and share their views. They actively promote gender equality.**

2. Aim :

To create awareness of the Women's Right and to empower Women

3. Objectives :

- I. Identification of strong leadership and change makers and building their capacity.
- II. To promote a culture of respect and equality for female gender.
- III. The provision of opportunities and programs for female gender to be financially, mentally and emotionally empowered so as to promote their growth as individuals in their own right.
- IV. To make them aware about the guidelines of Supreme Court and to ensure that sexual harassment is treated as an unacceptable social behavior within the institution and the society.
- V. To involve NSS students of PIMS (DU) to interact with rural and urban women who lack formal education and identify projects suitable for up gradation using technology.
- VI. To conduct seminar, workshop to impart knowledge of opportunities and tools available and train the women.
- VII. To help the self help group women to get financial support by identifying the sources.

- VIII. To create social awareness about the problems of women and in particular regarding gender discrimination.
- IX. To guide about Women Welfare Laws.
- X. To assert the importance of spiritual, economic, social, racial and gender equality.
- XI. To highlight the importance of health and hygiene.
- XII.** To direct Women's role in the society. To develop multidisciplinary approach for the overall personality development.

4. Duties of Women Empowerment Cell :

The cell will organize various programmes for women empowerment with the help of all constituent units of Pravara Institute of Medical Sciences (DU).

- I. To organize workshops and sensitization programmes both for staff and students by eminent Psychologists and social workers. ‘
- II. To organize Guest Lecture on Legal Aids for Women
- III. To organize Competition on ‘Awareness on Legal Rights of Women’
- IV. To organize orientation seminar to discuss the nature and scope of the sexual harassment of women at the workplace (Prevention, Prohibition and Redressal) Act 2013, at the beginning of the academic year.
- V. One or more workshops/seminars annually where external experts on the subject will interact with all employees and students
- VI. To organize Seminars, performances and discussion forums where gender sensitization and gender awareness will be the focus.
- VII. Spreading awareness of the policy and implementation of the same through informal sessions, performances, cultural events, etc., about the policy being implemented by PIMS (DU).
- VIII. To prepare the proposal for organizing the various activities mentioned above for the approval of management.
- IX.** To organize minimum 3 to 4 guest lecturers in academic year.

Activities of Women Empowerment Cell from 1st August 2021

Sr.No	Activity	Title of the Program	Date	Participants
1.	Webinar by Dr.Mrs.Vaishali Phalke during Breastfeeding Week	Infant & Young Child Feeding “Window of opportunity 1000days”	4 th August 2021	Students & Faculty of Smt.Sindutai Eknathrao Vikhe Patil College of Nursing Loni
2.	Inauguration of lactation Clinic In collaboration with Department of OBG/Gyn Department of Paediatrics RMC &College of Nursing PIMS DU	Initiation of Lactation Clinic	4 th August 2021	Department of OBG/Gyn Department of Paediatrics RMC & College of Nursing PIMS DU
3.	Awareness Program By Mrs.Bharati Weljale Associate Professor College Of Nursing PIMS	Importance of breast feeding	5 th August 2021	350 Female Health Volunteers & Community Radio
4.	Radio Talk by Mrs.Sangita Shelar during Nutrition Week	Complimentary Feeding	6 th September 2021	Covering people from five talukas of Ahmednagar district(Rahata, Sangamnear,Srirampur’Rahuri and Kopargaon ,
5.	Radio Talk by Miss.Shrutkirti Shinde Msc Biotechnology student PIMS (DU)	Women & scope of Biotechnology	6 th October 2021	Covering people from five talukas of Ahmednagar district(Rahata, Sangamnear,Srirampur’Rahuri and Kopargaon ,
6.	Workshop for Women Support staff of PIMS (DU)	Menstrual Cup	11 th December 2021 Godawari Hall	175 women support staff
7.	Webinar by Dr.Akshaya Shetti Professor & Intensivist Department of Anesthesiology PRH Loni	Financial Literacy: Invest Today for a Better Tomorrow	20 th December 2021	200 women attained online session
8.	Workshop by Dr. Vaishali Deepak Phalke Professor Community Medicine	“ Sustainable Menstruation with Menstrual Cup” for Teachers and students of Dr.Vikhe Patil Foundation’s Little Flower School ,Loni	24 th Decmber 2021	200 students from 7 th to 10 th standard & teachers.
9.	International Nurses Day Celebration. Organized by Dr.Vithalrao Vikhe Patil PRH Loni Nursing Staff. Inaugarated by Hon’ble Mrs .Suvarnatai Vikhe Patil	A Voice to Lead- Invest in Nursing & Respect Right to Secure Global Health	12 th May 2022 at Godawari Hall	250 Nursing Staff
10.	Radio Talk by Dr Varsha Maharavarkar Assi.Professor Community Medicine	Theme Making Menstruation a Normal Fact of Life by 2030	28 th May &29 th May2022	Covering people from five talukas of Ahmednagar district(Rahata, Sangamnear,Srirampur’Rahuri and Kopargaon ,

11.	Radio Talk by Mrs.Shital Tambe	Need of hour Use of Menstrual Cup	28 th & 29 th May 2022	Covering people from five talukas of Ahmednagar district(Rahata, Sangamnagar,Srirampur,Rahuri and Kopergaon ,
12.	Menstrual Hygiene Day Celebration at Smt.Sindhutai Ekanathrao Vikhe Patil College of Nursing	Workshop on Menstrual Cup	27 th May 2022	250 students from Smt Sindhutai Eknathrao Vikhe Patil College of Nursing Loni
13.	Doctors Day Celebration at Little Flower School Loni Resource Person Dr.Mandar Baviskar & Dr Sujata Muneshwar	Adolescent Health	1 st July 2022	150 girls & 175 boys from LFS Loni
14.	Seminar on gender sensitization by Gender Champions of RMC for first year MBBS students in collaboration with Internal Complaints Committee	Difference between sex & Gender	23 rd July 2022 Red Hall RMC	195 students of first MBBS
15.	World Breastfeeding week Celebration Organized by Smt .Sindhutai Eknathrao Vikhe Patil College of Nursing ,WEC & IQAC cell ,Loni	Series of Webinars & Awareness activities in Dr.VVPPRH Loni	1 st August to 8 th August	All faculty ,students of Smt.SEVPCON & Nursing Staff of DR.VVPPRH
16.	Yoga Camp for Nursing Staff of DR.VVPPRH Loni Inaugurated by Hon' ble Mrs. Jyoti Bhalwar	"Healing the Healers"	1 st August to 2 nd September 2022	200 Nurses from Dr.VVPPRH Loni
17	Breastfeeding week celebration at RHTC Rahata Dr.Varsha & Dr.Parkhe & UHTC Pravaranagar Dr.Jyoti Bhoi.	Breastfeeding awareness program for pregnant mothers	2 nd August 2022 at UHTC Pravaranagar & 8 th August 2022 RHTC Rahata	50 Pregnant Mothers were benefitted
18.	Research Project & Empowerment of Transgender By Fourteen Final year MBBS students Under guidance of Dr.Phalke HOD Community Medicine	Accept yourself when nobody will	Shrirampur Ashram During lockdown	32 Transgender were benefitted

Activities of International Womens Day 8th March 2022

Sr. No	Activity	Title of the Program	Date	Participants
1.	Radio Talk on Community Radio 90.8 MHz Babhaleshwar By Dr.Sujata Sawant Principal CON PIMS (DU)	"Break the Bias"	8 th March 2022	Covering people from five talukas of Ahmednagar district (Rahata,Sangamnear,Srirampur,Rahuri & Kopargoan)
2.	Guest Lecture by Ms.Pratibha Patil Director, Word Perfect English Academy ,Loni,Trainer,Certified Graphologist,Motivational Speaker Organized by Department of Community Nursing	"Gender equality today for sustainable tomorrow"	8 th March 2022	250 participants
3.	Elocution Competition organized by Department of Community Nursing. Twelve students participated in the event.	"Gender equality today for sustainable tomorrow"	8 th March 2022	250 participants
4.	On the occasion of IWD the PIMS (DU) recognized the extraordinary services and contribution rendered by tribal women of the Bhandardara Area for last 20 to 25 years for the welfare of tribal society .The Honour & Felicitation was done with "Certificate of Appreciation" by Hon'ble Dr.Rajendra Vikhe Patil,Chancellor,PIMS DU Shri N.T.Kanawade & Dr.V.N.Magare have addressed the participants by highlighting the importance of IWD.	"Break the Bias"	8 th March 2022	300 tribal women of Akole Tribal Block and 200 girl students from Ashram schools of Shendi actively participated in the celebration.
5.	Continuing the noble tradition ,notebooks were distributed at the auspicious hands of Hon'ble Dr. Rajendra E.Vikhe Patil			200 girls from Ashram School of Shendi
6.	Video Making Competition was organized by RMC for Students of 2 nd & 3 rd MBBS	"Break The Bias"	8 th March 2022	Video circulated to students under PIMS (DU)
7	Write up on the theme in English for students & Marathi for support staff of PIMS (DU) by Dr.Vaishali Phalke	"Break the Bias"	8 th March 2022	All students & staff of PIMS(DU)
8.	Workshop on Menstrual cup For students of Pravara College of Architecture Loni by Dr.Varsha Assst Professor Community Medicine & Mrs.Shital Tambe Lab Tecnologist	Menstrual Cup	8 th March	60 girls & teachers
9.	An art exhibition & Wall of fame was put up which included Poem writing, best smile, face painting, photography ,soap carving etc.this was to encourage the young minds & give an opportunity to showcase their talent. Organized by RDC	Theme "Break The Bias"	14 th March 2022	All students & Staff of RDC.
10	World Café by College of Physiotherapy	Gender Equality	8 th March 2022	All Students of DR.APJ Abdul Kalam College of Physiotherapy.
11.	Slogan writing ,displaying video and a talk by college of Physiotherapy	Gender Equality	8 th March 2022	All Students of DR.APJ Abdul Kalam College of Physiotherapy
12.	Screening Camp for Postmenopausal Nursing Staff of Pravara Rural Hospital by Physiotherapy college	Screening Camp	8 th March 2022	Staff of Dr.APJ Abdul Kalam College Physiotherapy.
13.	Celebration of International Womens Day at Kolhar RHC amongs the women of Mahila Bachat gat	General Equality & Women empowerment	8 th March 2022	30 Women
14	Sensitization of PRH Nursing staff by Dr.Sangita Vikhe	Break the Bias	8 th March 2022	150 participants

Activities of International Women's Day 8th March 2022



Felicitation of Sau. Kusum Kisan Khade, Tribal Traditional Birth Attendant



Distribution of Notebook to female students of Tribal School, Shendi



Sau. Mamata Devram Bhangare express her thoughts



Daughter of Late Dr. Manjiri Govind Vaidya expressed her feelings



Dr. Sangita Vikhe, NS, PRH sensitized Nursing staff on theme of IWD 2022 #“Break the Bias”



Guest Lecture by Ms.Pratibha Patil Director, Word Perfect English Academy , Loni, Trainer, Certified Graphologist, Motivational Speaker Organized by Department of Community Nursing.



**Workshop on Menstrual cup
For students of Pravara College of Architecture Loni by Dr.Varsha Asstt. Professor
Community Medicine & Mrs.Shital Tambe Lab Tecnologist**



An art exhibition & Wall of fame Organized by RDC



Video Making Competition was organized by RMC



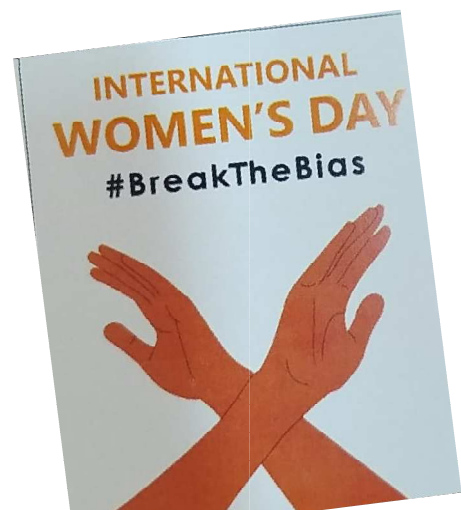
Celebration of IWD at Kolhar RHC of "Mahila Bachat Gat"

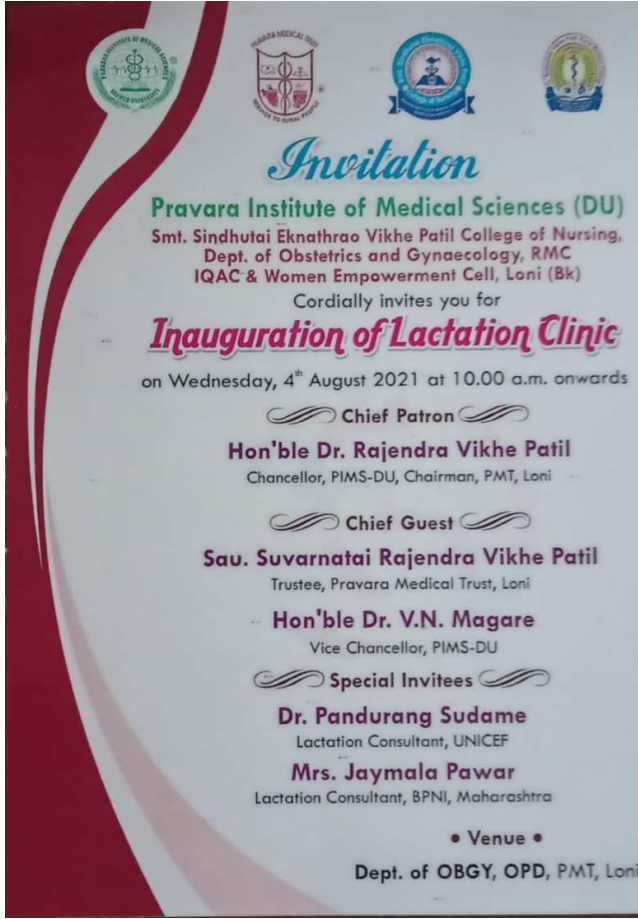


World Café by College of Physiotherapy



Slogan writing by College of Physiotherapy





**A webinar on
 Importance of breast
 milk(first 1000 days)
 by
 Dr. Mrs. Phalke**



कृषी विज्ञान केंद्र बाभलेश्वर संचालित, केव्हीके प्रवरा कम्प्युनिटी रेडिओ 90.8 FM अंतर्गत पोषण आहार माह सप्ताह निमित्त सुरू असलेल्या " आहारावर बोलू काही " या विशेष कार्यक्रमात लहान बालकांचा आहार या विषयावर प्रवरा मेडिकल ट्रस्ट लोणी येथील नर्सिंग कॉलेजच्या सौ.संगीता शेलार मॅडम यांच्याशी RJ यमन पुलाटे व कुणाल जाधव यांनी केलेली चर्चा. – with Koonal Jadhav.



Workshop on Menstrual Cup Dr.Vikhe Patil Foundation's Little Flower School, Loni



Diastasis Recti awareness Drive 2021-22



SCHEDULE

3.00 TO 3.05: INAUGURATION
3.05 TO 3.50: WEBINAR BY DR. AKSHAYA SHETTI ON FINANCIAL MANAGEMENT FOR WOMEN
3.50 TO 4.00: QUESTION ANSWER SESSION
4.00 TO 4.10: FEEDBACK
4.10 TO 4.20: VALEDICTORY

SPEAKER



Dr. Akshaya Shetti has completed MBBS, MD (Anesthesiology), FICA from JNMC Belgaum, Karnataka, and IDRA from Delhi. He is currently working as Professor and Intensivist in Department of Anesthesiology and critical care, Rural Medical College, Pravara Institute of Medical Sciences (Deemed to be), Loni (Bk), Maharashtra since 8 years. He has Total 75 publications (National - 11, International-64). He was awarded Chancellor's Rolling Trophy for best research paper 2017-2018 and 2020-2021. He is associated with Wealthcon since inception (2017) which has nearly 20,000 doctors as members. He is also trained under Dr Ram, a radiologist by profession and an expertise in finance and tax. Dr. Shetti with an enormous experience in mutual funds, commodity and other segments of share market also contributes to the quiz section in the journal by Wealthcon



CHIEF PATRONS



DR RAJENDRA VIKHE PATIL
HON'BLE CHANCELLOR
PIMS DU



DR VISHNU MAGARE
HON'BLE VICE CHANCELLOR
PIMS DU



MR PARJABRAO AHER
EXECUTIVE DIRECTOR
PIMS DU



DR UMESH PALEKAR
DEAN RDC



DR AMIT MANI
DIRECTOR HR RDC



DR RAVINDRA MANERIKAR
ORGANISING CHAIRMAN



DR RACHITA MUSTILWAR
COORDINATOR, WEC, RDC

Members
Dr. Aparna Palekar
Dr. Gowri Pandya
Dr. Naha Hajira
Dr. Noeta Podmewar



PRAVARA INSTITUTE OF MEDICAL
SCIENCES
(Deemed to be University)
RURAL DENTAL COLLEGE, LONI

Women Empowerment Cell presents
Webinar on

**Financial Literacy: Invest
Today for a Better
Tomorrow**

Date: 20th December 2021
Online Mode
Time: 3.00 PM - 5.00 PM
RDC Conference Hall

[HTTPS://US02WEB.ZOOM.US/J/8
08102934077](https://us02web.zoom.us/j/808102934077)
**PWD=A3LBM3E3CC9UTXBYS9FM
XVUELVNZZ09**
MEETING ID: 868 1629 3407
PASSCODE: 181791



**Pravara Institute of Medical Sciences
(Deemed to be University)**

Re-Accredited with NAAC 'A' Grade

Loni - 413 736, , Tal: Rahata, Dist Ahmednagar



**Workshop for
Women Support Staff of PIMS (DU)**
Topic : Menstrual Cup

Organized by

Women Empowerment Cell, PIMS-DU

We Rise by Lifting Others

• Date : 11th December 2021 • Venue : Godawari Hall



Inauguration of Breast feeding week celebration at College of Nursing, PIMS



Breast feeding awareness programme at RHTC Rahata



Inauguration of YOGA camp "Healing the Healers"



YOGA Demonstration

Adolescent Health Programme in School



International Nurses Day Celebration

