



1. Preamble :

A Women Empowerment Cell in any institution symbolizes a safety hub for the students and staff. It is also the sign of progression and open thinking. Women Empowerment Cell (WEC) has been constituted to empower and safeguard the rights of female members; faculty staff and students of the University. The WEC works to promote gender sensitivity in the university and conduct diverse programmes to educate, sensitize both male and female members and produce harmonious atmosphere on the campus. It works for the welfare of the students and faculty towards preparing them in to competent professionals to take up greater challenges in the academic sphere. These cells play an important role in voicing opinions on important matters that affect the daily life of women. They provide a platform where students can comfortably participate and share their views. They actively promote gender equality.

2. Aim :

To create awareness of the Women's Right and to empower Women

3. Objectives :

- I. Identification of strong leadership and change makers and building their capacity.
- II. To promote a culture of respect and equality for female gender.
- III. The provision of opportunities and programs for female gender to be financially, mentally and emotionally empowered so as to promote their growth as individuals in their own right.
- IV. To make them aware about the guidelines of Supreme Court and to ensure that sexual harassment is treated as an unacceptable social behavior within the institution and the society.
- V. To involve NSS students of PIMS (DU) to interact with rural and urban women who lack formal education and identify projects suitable for up gradation using technology.
- VI. To conduct seminar, workshop to impart knowledge of opportunities and tools available and train the women.
- VII. To help the self help group women to get financial support by identifying the sources.
- VIII. To create social awareness about the problems of women and in particular regarding gender discrimination.
- IX. To guide about Women Welfare Laws.
- X. To assert the importance of spiritual, economic, social, racial and gender equality.
- XI. To highlight the importance of health and hygiene.
- XII. To direct Women's role in the society. To develop multidisciplinary approach for the overall personality development.

4. Duties of Women Empowerment Cell :

The cell will organize various programmes for women empowerment with the help of all constituent units of Pravara Institute of Medical Sciences (DU).

- I. To organize workshops and sensitization programmes both for staff and students by eminent Psychologists and social workers. '
- II. To organize Guest Lecture on Legal Aids for Women
- III. To organize Competition on 'Awareness on Legal Rights of Women'
- IV. To organize orientation seminar to discuss the nature and scope of the sexual harassment of women at the workplace (Prevention, Prohibition and Redressal) Act 2013, at the beginning of the academic year.
- V. One or more workshops/seminars annually where external experts on the subject will interact with all employees and students
- VI. To organize Seminars, performances and discussion forums where gender sensitization and gender awareness will be the focus.
- VII. Spreading awareness of the policy and implementation of the same through informal sessions, performances, cultural events, etc., about the policy being implemented by PIMS (DU).
- VIII. To prepare the proposal for organizing the various activities mentioned above for the approval of management.
- IX. To organize minimum 3 to 4 guest lecturers in academic year.

Activities Under Women Empowerment Cell PIMS from May 2023 to July 2024

Sr.No	Activity	Title of the program	Date	Participants
1.	International Nurses day Celebration	Different competitions on Theme “Our Nurses : Our Future”	12/05/2023	400
2.	Health Education Program For Girls from Women’s College of Home Science & BCA ,Loni Organized by Dr.Bangal HOD Department of OBS/GYN DR. VVPPRH & Dr.Vrushali Tilekar	Healthy Diet Importance of Physical Activity Menstrual physiology & Hygiene PCOD HPV Vaccination, Life style Modification	18/07/2023	150
3.	Seminar for MBBS students Guidance Dr.Vaishali Phalke Professor Community Medicine	Gender Issues & Women Empowerment Schemes in India	4/09/2023	200
4.	National Commission For Women (NCW) Government Of India Sponsored National Seminar Organized by School of Public Health & Social Medicine PIMS (DU)	Sex Workers and Their Children –Issues And Challenges (Legal ,Educational ,health And Occupation)	7/12/2023	243
5.	Haldi Kum kum & Amateur show	Amateur show by employees	19/1/2024	700
6.	Radio talk by Mr.Atish Thorat III/III/MBBS Student Under Guidance of Dr.Varsha Mahavarkar	Government schemes for Girl child	24/1/2024	Covering population from Five taluka’s of Ahmednagar district.
7.	Radio Talk By Mr.Om Prakash III/III MBBS Under Guidance of Dr,Mrs.Vaishali Phalke	Breast Cancer Prevention,signs symptoms , diagnosis & treatment.	4/2/2024	Covering population from Five taluka’s of Ahmednagar district.
8.	Radio Talk By Mr.Vijay Yadav III/III MBBS student Under Guidance of Dr.Varsha Mahavarkar	National Deworming Day	10/2/2024	Covering population from Five taluka’s of Ahmednagar district.
9.	Radio talk ByMr.Soham Kore III/III MBBS student Under Guidance of Dr.Vaishali Phalke	Ayushman Bharat Scheme & ABHA Card	15 /02/2024	Covering population from Five taluka’s of Ahmednagar district.

10.	Seminar Conducted by Advisor's Organization For All Female Laboratory Technicians & Clerical staff Of PMT PIMS (DU) Organized by WEC DR.APJAK COPT PIMS (DU) Co-ordinator Dr.Komal Thorat	"Financial wellness Enhancement"	20/2/2024	300
11.	Theme group dance in annual social gathering 'Padmanjali 23' by MNM RDC Performed by 11boys & 29 girl students	Theme Heart Rending Portrayal of the difficulties and struggles faced by women strangled in prostitution and sex trafficking presented by MNM	22/10/2023	2000
12.	Theme Duet dance in Annual Social Gathering "Padmanjali 23' By Miss Snigdha Dongre & Miss.Yukta Sonar.From DR.APJAK College of Physiotherapy.	A Poignant duet dance performance portraying the resilience and struggles of transgender in India	21 st October 2023	1700
13.	Workshop For Female Support Staff Of PMT PIMS (DU)Conducted By Mr.Vilas SharadChandra Jondhale Retd.Extension Officer ,zilla Parishad Ahmednagar. Organized by SSKVPCON & WEC PIMS (DU) Co-ordinator Dr.Kalpana Kale	Government Schemes For Women Empowerment	11/03/2024	300
14.	Write-up on theme of IWD 2024 for all users. Radio talk on Community Radio Dr.Vaishali Phalke	# InspireInclusion Theme of IWD 2024 "Invest In Women : Accelerate Progress"	8/3/2024	Covering population from Five taluka's of Ahmednagar district.
15.	Workshop on Reproductive Health For girls from Pravara Rural Education Society's Women's college of Home Science & BCA Loni Conducted by: Dr.Varsha Associate Professor Community Medicine Dr.Vrushali Tilekar Medical officer OBS/Gyn & Mrs.Shital Tambe Lab Technologist Organized by WEC PIMS(DU)	Theme of IWD 2024 Menstrual hygiene Menstrual cup & Contraceptives	12/3/2024	150
16.	Sensitization of Nursing Staff of DR.VVPPRH b y DR.Sangeeta Vikhe Nurses Superintendent	Theme of IWD 2024 "Invest In Women : Accelerate Progress"	14/03/2024	300

17.	Guest Lecture By Mr.Kishore Kohle (API) ,Nashik for Students of COPT Organized by WEC DR.APJ ABDULKALAM COPT & IQAC PIMS (DU)	Awareness on Cyber Crime	13/03/2024	400
18.	Seminar for Female Faculty from Rural Dental College on International Women's Day 2024	When Food is Wrong Medicine is of No Use	15/3/2024	30
19.	Radio Talk by Mr.Vaibhav Shinde III/III MBBS Under Guidance of Dr.Varsha Mahavarkar	Government Schemes for Geriatric Population	14/3/2024	Covering population from Five taluka's of Ahmednagar district.
20.	Radio talk by Dr.Prajwal More III/III MBBS Student Under Guidance of Dr.Vaishali Phalke	National Immunization Day	16/03/2024	Covering population from Five taluka's of Ahmednagar district.
21.	National Anaemia Day was celebrated with Awareness Programme Anaemia Screening and Complimentary distribution of iron tablets and protein powder at PIMS under banner of safe motherhood committee FOGSI and Loni OBST and GYN Society.	National Anaemia Day	21 March 2024	
22.	Nurses Week Celebration at DR.VVPPRH	Positive Image of Nursing Staff on Whatsapp Status Distribution of Sweets to all Nurses	6 th to 12 th May 2024	600
23.	Sensitization of Nursing Staff of Dr.VVPPRH by DR.Sangeeta Vikhe Nurses Superintendent	Theme: "Our Nurses Our Future. Economy the power of Care" Felicitation & appreciation of good work by Nursing staff .	12 th May 2024	600
24.	Live Radio Talk on Community Radio By Mrs.Sandhya Eknath Gawade Assit Professor Smt.SEVP College of Nursing 'Loni	"The Nurse"	12 th May 2024	Covering population from Five taluka's of Ahmednagar district.
25.	Blood Donation Camp Organized by College of Nursing	International Nurses Day	12 th May 2024	34 students enrolled for donation.
26.	News paper Article in Sarvamat by Dr.Sangita Vikhe	"Our Pioneer Florence Nightingale "	12 th May 2024	

27.	Release of book on Menstrual Hygiene By Hon.Vice Chancellor PIMS (DU) Written by Dr.Varsha Mahavarkar Asso.Professor Community Medicine & felicitation of faculty working for Menstrual Hygiene awareness in near by schools & colleges.	“Monthly Birthday”	28 th May 2024	
28.	Radio Talk on Community Radio by Dr. Varsha Mahavarkar Asso.Professor Community Medicine	Theme : Together for a # Period Friendly World .	28 th May 2024	Covering population from Five taluka’s of Ahmednagar district.
29.	Online Yoga Session for Female Health Volunteers Under School of public Health & Social Medicine PIMS (DU)	Theme “Yoga For Women Empowerment”	10 th June - 21 st June 2024	350 FHV

International Nurses day Celebration (12/05/2023) :



Health Education Program For Girls (18/07/2023) :



Seminar : Gender Issues & Women Empowerment Schemes in India



National Commission For Women (NCW) Government Of India Sponsored National Seminar (7/12/2023) :

National Commission for Women (NCW), Government of India, Delhi
Pravara Institute of Medical Sciences - Deemed to be University, Loni
School of Public Health and Social Medicine

National Seminar

On
Sex Workers and their Children - Issues and Challenges
(Legal, Educational, Health and Occupational)

• President •
Hon'ble Dr. V.N. Magare
Hon'ble Vice Chancellor
Pravara Institute of Medical Sciences - DU, Loni

Hon'ble Dr. Rajendra E. Vikhe Patil
Hon'ble President
Pravara Institute of Medical Sciences - DU, Loni

• Chief Guest •
Hon'ble Shri. Shivaji D. Indalkar
Civil Judge Senior Division, Secretary DLSA, Nashik

Mrs. Ashima Mittal, IAS
Chief Executive Officer, Nashik Zilla Parishad

Date: 7th December 2023 Venue: Hotel Royal Heritage, G.P.O. Road, Nashik



Haldi Kum kum & Amateur show (19/1/2024) :



Seminar : Financial wellness Enhancement (20/2/2024)

PRAVARA INSTITUTE OF MEDICAL SCIENCES
(Deemed to be University)
Loni Bk. Tal. Rahata, Dist. Ahmednagar (MS) India

Seminar
on
"Financial Wellness Enhancement"

Conducted by
Adviser's Organization
Organized by
Women Empowerment Cell,
Dr. APJAK COPT, PIMS-DU

Date : 20.2.2024 Time: 10.00 am onwards
Venue - Saraswati Hall
(For All Female Laboratory Technicians & Clinical staff PWT/PIMS)

Chief Guest
Hon'ble Mrs. Suvarnatai Vikhe Patil
Trustee, Pravara Medical Trust, Loni

Organizers
Dr. Sangita Vikhe
Lic. Chairman
Women Empowerment Cell,
Dr. Deepali N. Hande
Secretary,
Women Empowerment Cell,
PIMS-DU

Coordinator
Dr. Komal D. Thorat
Dr. APJAK COPT

"Financial Wellness Enhancement"
A complete guidance for financial planning,
Tax planning and investing for a peaceful retirement.



**Theme group dance in annual social gathering
'Padmanjali 23' (22/10/2023)**



**Theme Duet dance in Annual Social Gathering
'Padmanjali 23' (21/10/2023)**



Workshop For Female Support Staff Of PMT PIMS (DU) (11/03/2024) :

PRAVARA INSTITUTE OF MEDICAL SCIENCES
(Deemed to be University)

SMT. SINDHUTAI EKNATHRAO VIKHE PATIL COLLEGE OF NURSING
Loni Bk. Tal. Rahata, Dist. Ahmednagar (MS) India

International Women's Day

#InspireInclusion
Theme
"Invest in Women : Accelerate Progress"

Workshop on
"Government Schemes for Women Empowerment"

Resource Person
Mr. Vilas Sharadchandra Jondhale
Retd. Extension Officer, Zilha Parishad, Ahmednagar

Chief Guest
Col. (Retd.) Dr. Ravindra Manerikar
Principal, Rural Dental College,
Director Administration, PMT

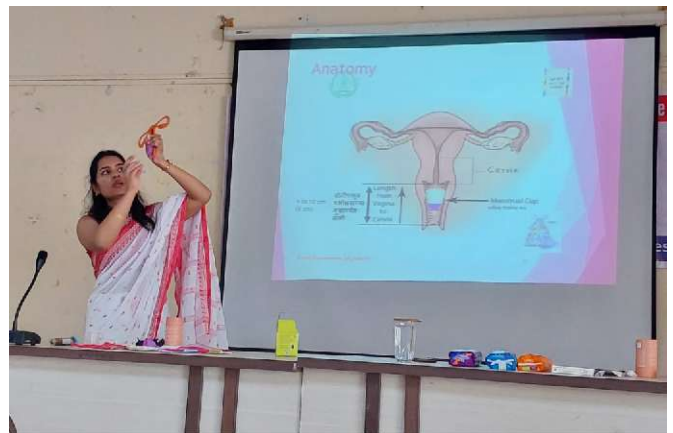
Organizers
Dr. Vaishali Phalke
Chairman Women Empowerment Cell,
PIMS-DU
Dr. Rajendra Lamkhede
Organizing Chairperson, SSEVP CON, PIMS-DU
Dr. Kalpana Kale
Organizing Secretary,
SSEVP CON, PIMS-DU

Organized by
Smt. Sindhutai Eknathrao Vikhe Patil College of Nursing
Women Empowerment Cell, PIMS-DU

• Date: 11/3/2024 • Time: 03.00 pm to 4.30 pm
• Venue : Red Hall, Dr.BVPRMC, Loni
For Female Support Staff of PMT, PIMS-DU



Workshop on Reproductive Health For girls from PRES (12/3/2024) :



Sensitization of Nursing Staff of DR.VVPPRH (14/03/2024)



Guest Lecture By Mr.Kishore Kohle (API), Nashik (13/03/2024)



Seminar for Female Faculty from Rural Dental College (15/3/2024) :



National Anaemia Day (21 March 2024) :



Release of book on Menstrual Hygiene & felicitation of faculty working for Menstrual Hygiene awareness in near by schools & colleges. (28th May 2024)

