



Rural Medical College
Pravara Institute of Medical Sciences
(Deemed to be University)

NAAC Accredited "A" Grade

FOUNDATION COURSE LOGBOOK

For

PHASE I MBBS STUDENTS

AS PER

COMPETENCY BASED CURRICULUM

First Edition: 2019





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Pravara Institute of Medical Sciences
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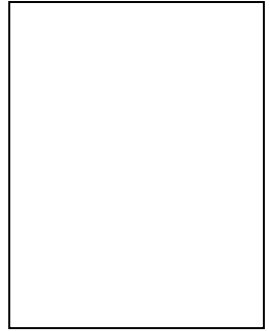
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PHASE I MBBS STUDENTS



Name of the College _____

Name of the Student _____

Roll No _____

Year of Admission _____

Date of Birth _____

Hobbies _____

Blood Group _____

Height (Cm.) _____ Weight (Kg.) _____ BMI _____

Hepatitis B Vaccination Status

0 dose / 1 Month dose /
6 Month dose / Booster

Rural Medical College
Pravara Institute of Medical Sciences
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Certificate
of
Completion of Foundation Course

This is to certify that

Mr./Ms. _____

Roll No. _____ has completed the various elements of Foundation Course as prescribed by Medical Council of India, at Rural Medical College, satisfactorily, from _____ to _____.

Date:

Place:

Signature of MEU Coordinator

Signature of Dean

Professor and Head
Dept. of Anatomy

Professor and Head
Dept. of Physiology

Professor and Head
Dept. of Biochemistry

Professor and Head
Dept. of Community Medicine

PURPOSE OF FOUNDATION COURSE

Purpose of the Foundation Course is to

- 1) Orient the students to medical profession, curriculum and institute
- 2) Acclimatize them to campus environment
- 3) Familiarize with teaching programs
- 4) Help to adapt to academic challenges
- 5) Cope with the vast body of knowledge and skills required in health care system
- 6) Develop habits of self-directed learning

Contents of Foundation Course

Sr. No	Subjects/ Contents
1.	Orientation
2.	Skills Module
3.	Field visit to community health center
4.	Professional Development including ethics
5.	Sports and Extracurricular activities
6.	Enhancement of language/ computer skills

Instructions to Students

- It is mandatory for all the students to attend all the modules in the foundation course as per the college timetable.
- A minimum of 75% attendance in the foundation course is mandatory as per MCI guidelines.
- As the various sessions in these modules are of interactive, the students are expected to actively participate in the learning activities.
- The students are encouraged for self-directed learning.
- The student will write his or her reflections about the sessions experienced weekly.
- It shall be the responsibility of the student to maintain the log book, get it assessed and certified, preserve the record and produce it as and when required by the institute.

Instructions for Reflections:

Reflections should be structured using the following guiding questions:

What happened? (What did you learn from this experience)

So what? (What are the applications of this learning)

What next? (What knowledge or skills do you need to develop so that you can handle this type of situation?)

REFLECTIONS

Reflect on your learning experiences during the week in foundation course under the following heads:

1. What happened? (What did you learn from this experience)
2. So what? (What are the applications of this learning)
3. What next? (What knowledge or skills do you need to develop so that you can handle this type of situation?)

Leave 25-30 pages blank for writing reflections

Foundation course-Rural Medical College, PIMS 1st-31st August 2019 TOTAL HOURS=175

Date	9.00 AM-11.00 AM	11.00 AM-1.00 PM	2.00 PM-4.00 PM	4.00 PM-5.00 PM
1/8/2019	welcome address Dean-AVM(Retd) Dr.Rajvir Bhalwar, Antirragging measures- Dr.Rajiv Desai,mentorship -Dr.M.N.Pawar	Hostel rules-Dr.J.M.Farooqi,sports- Dr.Sunil Bular, cultural activities- Dr.Rahul Kunkulol	parents meeting-Dean & preclinical HODs; documentation-Shri.Malve	formation of hobby clubs- Dr.Anagha Marawar
2/8/2019	visit to Anatomy,physiology,biochemistry,Community medicine(coordinated by Respective HOD)	visit to Patho,Micro.,Pharmacology,FMT(coordinated by Respective HOD)	overview of MBBS program- Dr. D.B. Phalke	9.1.1 a viii - Dr.Sachin Deorukhkar
3/8/2019	visit to OPD complex,CCL,Blood bank, MRI- Dr.Mandar Baviskar & Tutors	visit to IPDs in Pravara Rural Hospital- Dr.Anand Bhide & Tutors	doctor patient relationship- Dr.S.N.Mahajan, BMWM- Dr.S.M.Jain	9.1.1 a x- Dr.S.N.Jangle
4/8/2019	Sunday			
5/8/2019	9.1.1 a i -AVM(Retd) Dr.Rajvir Bhalwar; 9.1.1 a iv- Dr.M.C.Tayade	9.1.1 a iii-Dr.D.B.Phalke; 9.1.1 a vii-Dr.J.D.Deshpande	Video-Pravara Example to follow; Ioni PURA model- Dr.D.B.Phalke	indoor/outdoor sports- Dr.Sunil Bular
6/8/2019	9.1.1 a v- Dr.S.J.Javadekar	9.1.1 a vi-Dr.Anup Kharde; 9.1.1 a ix- Dr.Kalpak Kadarkar	Introduction to Language & computer skills-Dr.Kalpak & Dr.Anup Kharde	indoor/outdoor sports- Dr.Sunil Bular
7/8/2019	Introduction to AETCOM and medical ethics- Dr.M.C.Tayade	basic principles of bioethics, professionalism- Dr.Rajiv Desai	Learning skills,e learning & PBL,SDL-Dr.Sandeep Pakhale	indoor/outdoor sports - Dr.Sunil Bular
8/8/2019	briefing on COME & field visit- Dr.Kaplak Kadarkar	introduction to skills module-Dr.Sandeep Pakhale	visit to skill lab- Dr.Tushar Bhavar	indoor/outdoor sports- Dr.Sunil Bular
9/8/2019	Field visit/computer skill/language skill A/B/C -Dr. Sujata Muneshwar /Dr.Mandar/Dr.Arun Chepte	Field visit/computer skill/language skill A/B/C-Dr.Varsha /Dr.Anup/Dr.Namrata	Field visit/computer skill/language skill A/B/C- Dr.Anand/Dr.Mandar/Dr.Desai	extracurricular activities- Dr.Anagha Marawar
10/8/2019	Field visit/computer skill/language skill A/B/C-Dr. Sujata Muneshwar /Dr.Mandar/Dr.Arun Chepte	Field visit/computer skill/language skill A/B/C-Dr.Varsha /Dr.Anup/Dr.Namrata	Field visit/computer skill/language skill A/B/C- Dr.Anand/Dr.Mandar/Dr.Desai	extracurricular activities- Dr.Anagha Marawar
11/8/2019	Sunday			
12/8/2019	Field visit/computer skill/language skill A/B/C-Dr. Sujata Muneshwar /Dr.Mandar/Dr.Arun Chepte	Field visit/computer skill/language skill A/B/C-Dr.Varsha /Dr.Kalpak/Dr.Namrata	Field visit/computer skill/language skill A/B/C- Dr.Anand/Dr.Mandar/Dr.Desai	indoor/outdoor sports- Dr.Sunil Bular
13/8/2019	Field visit/computer skill/language skill A/B/C-Dr. Sujata Muneshwar /Dr.Mandar/Dr.Arun Chepte	Field visit/computer skill/language skill A/B/C-Dr.Varsha /Dr.Kalpak/Dr.Namrata	Field visit/computer skill/language skill A/B/C- Dr.Anand/Dr.Mandar/Dr.Desai	indoor/outdoor sports- Dr.Sunil Bular

14/8/2019	skill module /computer skill/language skill A/B/C-Dr.Sandeep Pakhale/Dr.Bindu/Dr.Bhalerao	skill module/computer skill/language skill A/B/C-Dr.Tushar/Dr.Preeti/Dr.Dhokikar	skill module/computer skill/language skill A/B/C- Dr.Akshay Shetty/Dr.Badve/Dr.Mokal	indoor/outdoor sports- Dr.Sunil Bular
15/8/2019	Flag Housting			
16/8/2019	skill module/computer skill/language skill A/B/C-Dr.Sandeep Pakhale/Dr.Bindu/Dr.Bhalerao	skill module/computer skill/language skill A/B/C-Dr.Tushar/Dr.Preeti/Dr.Dhokikar	skill module/computer skill/language skill A/B/C- Dr.Akshay Shetty/Dr.Badve/Dr.Mokal	extracurricular activities- Dr.Anagha Marawar
17/8/2019	skill module/computer skill/language skill A/B/C-Dr.Sandeep Pakhale/Dr.Bindu/Dr.Bhalerao	skill module/computer skill/language skill A/B/C-Dr.Tushar/Dr.Preeti/Dr.Dhokikar	skill module/computer skill/language skill A/B/C- Dr.Akshay Shetty/Dr.Badve/Dr.Mokal	extracurricular activities- Dr.Anagha Marawar
18/8/2019	Sunday			
19/8/2019	skill module/computer skill/language skill A/B/C-Dr.Sandeep Pakhale/Dr.Bindu/Dr.Bhalerao	skill module/computer skill/language skill A/B/C	skill module/computer skill/language skill A/B/C- Dr.Akshay Shetty/Dr.Badve/Dr.Mokal	indoor/outdoor sports- Dr.Sunil Bular
20/8/2019	skill module -BLS-Dr.Tushar Bhavar	skill module -BLS-Dr.Akshaya Shetty	skill module -BLS- Dr.Mrs.Badhe Madam	indoor/outdoor sports- Dr.Sunil Bular
21/8/2019	skill module first aid-Dr.Mule A.B.	skill module first aid-Dr.Tanpue T.B.	skill module first aid-Dr.Nigute S.S.	indoor/outdoor sports- Dr.Sunil Bular
22/8/2019	skill module -suturing skills-Dr.Gokul Jorwekar	skill module suturing skills-Dr.P.K.Baviskar	skill module suturing skills- Dr.K.N.Dandekar	indoor/outdoor sports- Dr.Sunil Bular
23/8/2019	skill module ACLS-Dr.Tushar bhavar	skill module ACLS-Dr.Akshaya Shetty	skill module ACLS practice- Dr.Mrs.Badhe Madam	extracurricular activities- Dr.Anagha Marawar
24/8/2019	AETCOM-professionalism-AVM(retd) Dr.Rajvir Bhalwar	AETCOM-principles-Dr.Rajiv Desai	Movie/videos on ethics- Dr.M.C.Tayade	extracurricular activities- Dr.Anagha Marawar
25/8/2019	Sunday			
26/8/2019	AETCOM-ethical issues-Dr.Mrs.S.K.Chavan	AETCOM-unprofessional behaviour- Dr.J.M.Farooqui	AETCOM-value of integrity- Dr.S.N.Jangle	indoor/outdoor sports- Dr.Sunil Bular
27/8/2019	AETCOM-honesty-Dr.A.N.Badve	AETCOM-respect to others- Dr.Preeti Padmanabhan	AETCOM-communication skills -Dr.V.B.Bangal	indoor/outdoor sports- Dr.Sunil Bular
28/8/2019	AETCOM-clinical ethics- Dr.Gokul Jorvekar	AETCOM-patient communications- Dr.K.N.dandekar	AETCOM-communication skills-Dr.V.B.Bangal	indoor/outdoor sports- Dr.Sunil Bular
29/8/2019	AETCOM-role play-Dr.M.C.Tayade/ Dr.Rajiv Desai/Dr.Namrata Marathe	AETCOM-video on ethical issues-Dr.Dr.Sabde S.B.	Interpersonal communication- Dr.Rahul Kunkulol	indoor/outdoor sports- Dr.Sunil Bular

30/8/2019	AETCOM-role play-Dr.M.C.Tayade/ Dr.Rajiv Desai/Dr.Namrata Marathe	AETCOM-group dynamics-Dr.Namrata Marathe	AETCOM-medical records & documentation- Dr.M.N.Pawar	extracurricular activities- Dr.Anagha Marawar
31/8/2019	Guest lecture with demo-Yoga & meditation- Shri.Chirag Patil	stress management & time management- Dr.Anand Patil,Dr.Vibha Bhide	culrual fest singing,dancing, mimicry,music- Dr.Rahul Kunkulol	valedictory;National Anthem
	Coordination-Ist week-Community Medicine(PSM)	Coordination-II nd week-Anatomy dept.	coordination-IIIrd week- Biochemistry	IV th week-Physiology department
	Note: 9.1.1	Batches : A 1-67 B-68-134 C-135-200		
	(a) Orient the learner to:			
	(i) The medical profession and the physician's role in society	language skills(marathi & english)	computer skills	Distribution of Hours - 175
	(ii) The MBBS programme	local language common words	MS Office	orientation-30
	(iii) Alternate health systems in country and history of medicine	body parts	MS Excel - data entry and analysis	skills module-35
	(iv) Medical ethics, attitudes and professionalism	history taking common words	statistical softwares	field visit-8
	(v) Health care system and its delivery	marathi movie with english subtitles	useful sites on internet	professional development including ethics-40
	(vi) National health priorities and policies		online education	language skills-20
	(vii) Universal precautions and vaccinations		digital media	computer skills-20
	(viii) Patient safety and biohazard safety			sports & extracurricular 22
	(ix) Principles of primary care (community based care)			
	(x) The academic ambience			
	Dr. D.B. Phalke Coordinator , Medical Education Unit		AVM (Retd) Dr. Rajvir Bhalwar Dean, Rural Medical College,Loni	



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