

## **Linnaeus Palme Student Exchange Programme with Karolinska Institute, Sweden ( 2018)**

Ms. Neha Chouhan and Ms. Sejal Singhavi were selected by the management of **Pravara Institute of Medical Sciences (Deemed to be University)**, to undertake student exchange under the Linnaeus Palme scholarship programme at **Physiotherapy Division, Karolinska Institute, Sweden from 8<sup>th</sup> March – 5<sup>th</sup> June 2018.**

This programme was undertaken as a part of existing academic exchange programme between PIMS DU and Karolinska Institute.

Both the students had an opportunity to participate in the advance academic programme and treatment modalities that are offered at the Karolinska Hospital.



As a part of this exchange programme, both the students attended neuro-physiotherapy clinic, rehabilitation center and Spinalis Foundation, to observe and treated patients in their acute phase of rehabilitation of spinal cord injury and stroke under observation of Senior faculty members.

Ms Neha and Ms Sejal also participated in the various treatment modalities that are practiced at Karolinska Institute, which includes, salsa dance, yoga, basketball, dance aerobics, qigong therapy and robotics.

They also participated in the course of Community and Home based rehabilitation for four weeks along with various other international students. This course also provided with an opportunity to discuss cultural perspectives on community and health care systems of various countries.

Ms Neha and Ms Sejal have enthusiastically participated in debate competition, poster presentation and delivered presentation on cultural perspectives of India.

During their three months stay they enjoyed the Swedish Culture and participated in the Swedish festivals.