



PRAVARA INSTITUTE OF MEDICAL SCIENCES

Established under section (3) of UGC Act 1956 - **Deemed to be University**

NAAC Re-Accredited at 'A' Grade (CGPA 3.17 on a 4 point scale)

NATIONAL SERVICE SCHEME

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NSS SPECIAL CAMP REPORT

11th to 17th Feb 2019

As a part of NSS special village camp, Adgoan Kd. Taluka Rahata, Dist- Ahmednagar was adopted by the NSS units of PIMS University. All the four units i.e. Rural Medical College (RMC), Rural Dental College (RDC), Dr. APJ Abdul Kalam College of Physiotherapy and College of Nursing participated in the camp. Total of 200 NSS volunteers participated in the camp.

Camp Place: AdgaonKd. Tal RahataDist Ahmednagar

Schedule: 11th to 17th Feb 2019

NSS University Coordinator: Dr. Sunil Bular

NSS Program Officers: Dr. Varsha Mahavarakar (Rural Medical College, Loni)

Dr. Prashant Viragi (Rural Dental College, Loni)

Dr.Aashirwad Mahajan (DR.APJAK COPT, Loni)

Prof. Jeetendra Belokar (College of Nursing, Loni)

Programme

Day	Date	Programme / Activity / Lecture	
		Time 3 p.m. to 5 p.m.	Time 6 p.m. to 8 p.m.
Monday	11/02/2019	Cleanliness of Camp Site	Opening Ceremony
Tuesday	12/02/2019	Rally and Cleanliness	Lecture and Demonstration on Scout Guide and Disaster Management by Shri. K.B. Buchade (District Chief Commissioner, Scout and Guide, Ahmednagar)
Wednesday	13/02/2019	General Health Check up and Oral Health Check up Camp 9.00 a.m. to 1.00 p.m.	Lecture on Oral Health by Dr. Prashant Viragi (Prof. Public Health Dentistry)

			Lecture on First Aid by Prof. Rajendra Lahamage (Prof. College of Nursing)
Thursday	14/02/2019	Family Survey	Lecture and Demonstration on saving Wild life by Shri Sachin Giri (Wild life Researcher, Sangamener)
Friday	15/02/2019	Exhibition/ Poster Presentation Balance Diet- CON, Loni Dental Hygiene- RDC, Loni Geriatric Health- COPT, Loni Public Health – RMC, Loni	Lecture and Demonstration on CPR (Cardio Pulmonary Resuscitation) by Dr. Tushar Bhavar (Prof. Medicine)
Saturday	16/02/2019	Demonstrations: Hand Hygiene, Oral Care, Yoga and Pranayama for Wellness	Skit, Street play, Nukkad Nataks, Cultural Programmes by Volunteers
Sunday	17/02/2019	Closing Function	

NSS DAY WISE DETAILED NARRATIVE REPORT AND ACTION PHOTOS

Day 1:

Session 1:

Cleanliness drive: A cleanliness drive was organised wherein all the volunteers cleaned the premises where the camp was to be organised, the school premises, the ZP premises and many other surroundings areas in the village. The volunteers actively participated in the drive. After completing this actively the volunteers made arrangements for the evening inauguration ceremony.

Session 2:

Inauguration ceremony: The ceremony began with inviting the guests on the dias. The guests included, Dr. Sunil Thitme, Dr. T. Sivabalan, Dr. Deepali from the PIMS University and Mrs. Chandrakala K. Shelke, Shri. Nageshwar Sahebrao Kale, Shri. Mangesh Ashok Gaikwad, Mrs. Deepali Ganpat Shelke,

Mrs. Bharti Kanifnath Mali, Mrs. Sangita Ramesh Shelke, Mrs. Mangal Shivaji Shelke, Shri Shivaji Namdeo Shelke, Shri. Jagannath Raosaheb Kadlag, Shri Santosh Desai from the village. Saraswathi Vandana was sung by NSS volunteers. This was followed by garlanding of the portraits of Padamshri and Padmabhusan. Dr. Sunil Bular gives introductory speech about the NSS and the special camp. The dignitaries on the dias also spoke about the camp and asked all the villagers to actively participate in the camp. The ceremony was anchored by Miss. Sheetal, NSS volunteer. Vote of thanks was given by Miss Bomika, NSS volunteer. The ceremony concluded with the National Anthem.



Preparation of the camp



Cleanliness Drive



Inauguration of the camp



Inauguration of the camp



Felicitation of the guests during inauguration



Villagers presenting their opinion during inauguration



Group Photo

Day 2:Session 1:

Rally:A rally was conducted on the second day of the camp. All the volunteers participated in the rally. The rally was across the roads of the entire village. Volunteers rallied the slogans related to health, development, sanitation and many others. Volunteers carried the placards related to these. They went door to door during this rally mentioning the various activities of the camp and asking the villagers to participate in the same.

Session 2:

The second session of day 2 consisted of 3 lectures. The first lecture was delivered by Mr.Kharat. He has 20 years experience as NSS programme officer and also has won the best NSS programme officer award at state level. He shared his experience with NSS volunteers and villagers. He mentioned that NSS helps one develop social mind. He inspired all the NSS volunteers to work hard during the camp. The second lecture was delivered by Mr.Maske . He spoke on various activities during the camp. The last lecture and demonstration on Scout Guide and Disaster Management was by Shri. K.B. Buchade (District Chief Commissioner, Scout and Guide, Ahmednagar). He mentioned the

importance of nature. He also thought everyone on how social messages could be delivered with the help of songs, making the messages interesting.



Rally during the camp



Felicitation of guests on day 2 of the camp

Day 3:

On day 3, general health check-up and oral health check-up camp was provided for the villagers. Various departments from medical, dental, physiotherapy and nursing colleges participated in the camp. Villagers actively participated in the camp. In total 458 patients benefited from the camp. Free medicines were also provided for the patients. Health education was provided to all the school children. The NSS volunteers went door to door asking the villagers to participate in the health camp.



OPD counter



Health check-up of villagers



Health check-up camp at Adgoan



Village school students visiting various units for health check-up

Day 4:Session 1:

Family Survey: On day 4, a house to house survey was conducted by the NSS volunteers. Here all the volunteers were divided into small groups and each group was designated 3-4 houses to be covered. Complete history of the families was taken. Questions related to members in the family, income, occupation, oral hygiene practices, farm land and many other issues were covered.

Session 2:

The second session of day 4 was a lecture and demonstration on saving wild life by Shri Sachin Giri (Wild life Researcher, Sangamener). He mentioned how every animal in the ecosystem is essential and dependent on others. He told that survival of other species is necessary for the survival of human being. He had got with him chameleon and variety of snakes. He allowed many of the NSS volunteers to handle the snakes under his guidance. The villagers and the volunteers enjoyed this lecture a lot.



NSS volunteers handle the snakes under guidance

Day 5:Session 1:

Exhibition: All the volunteers from all the colleges participated in poster, model and various others kind of exhibition on day 5. Some were Balance Diet by CON, Dental Hygiene by RDC, Geriatric Health by COPT, Public Health by RMC and others. The one on Balance Diet by CON drew most attention. They had used decorated the plates to exhibit the various kinds of diet, their composition, uses, calories, etc.

Session 2:

Session 2 consisted of 2 lectures. The first was on First Aid by Prof. Rajendra Lahamage (Prof. College of Nursing). He showed in details the various components of the first aid tool kit and how to use them. He also demonstrated the various techniques of tying bandages. Many of the villagers also practiced these on each other. The second lecture and demonstration was on CPR (Cardio Pulmonary Resuscitation) by Dr. Tushar Bhavar (Prof. Medicine). He demonstrated CPR which was later practised by many of the villagers and volunteers.



Exhibition on balanced diet by CON



Day 4 Speakers



Villagers practicing CPR



Villagers practicing CPR



Lecture and demonstration on first aid

Day 6:Session 1:

Demonstrations: The NSS volunteers went house to house and demonstrated proper hand washing technique. Tooth brushing technique was taught to school children. Later a session on Yoga and Pranayama for Wellness was conducted by the NSS volunteers.

Session 2:

Session 2 on day 6 consisted of various skits, street plays, nukkad nataks and cultural programmes by NSS Volunteers. Plays were related to social causes. Everyone enjoyed the plays. Many of the villagers also participated in the cultural activities.



House to house handwashing demo for villagers



Villagers participating in handwashing programme



Yoga session held by COPT



Volunteers participating in yoga



Skit about ill-effects of alcohol by CON

Day 7:

Closing Function: The closing ceremony began with inviting the guests on the dais. For this ceremony all the guests were from the village. Ceremony began

with summary of all the activities conducted during the last 6 days by Dr. Aashirwad. This was followed by the sharing of the experiences of the NSS volunteers and villagers. The villagers felicitated the NSS University Coordinator, Dr. Sunil Bular and all the NSS Program Officers. The ceremony was anchored by NSS volunteer. Vote of thanks was given by Dr. Sunil Bular. The ceremony concluded with the National Anthem.



Closing ceremony



Closing ceremony



Closing ceremony- First aid kit donated to the villagers by CON

Shri Pradip Uttamrao Gaikwad, Sarpanch Adgaon Kd wished all the best for the NSS Volunteers for their future and was very happy with various programs which were conducted in the 07 days camp and also wished everyone and asked to conduct the camp once again in the village and to serve the villagers. He also told the youth to actively participate in social activities. **Shri Shivaji Namdeo Shelke**, Chairman, Cooperative Society of Adgaon Village appreciated all the activities which were organized and conducted by the NSS special camp held for 07 days at village and congratulated all the volunteers for more actively involving and providing various services to the villagers. **Shri. Jagannath Raosaheb Kadlag**, Ex-chairman of Adgaon village was very happy with all the programmes which were conducted and congratulated all the volunteers for completing the NSS special camp with great success. At last the students unwillingly packed their luggages and headed back to the college with life time memories.