



PRAVARA INSTITUTE OF MEDICAL SCIENCES

Established under section (3) of UGC Act 1956 - **Deemed to be University**
NAAC Re-Accredited at 'A' Grade (CGPA 3.17 on a 4 point scale)

NATIONAL SERVICE SCHEME

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National Service Scheme

Special Camp Report

03rd to 09th Feb 2020

Special Camps provide a unique opportunity to the student youth for group living leadership, close, interaction with the community, mutual understanding, tolerance, cohesion, etc. To make constructive use of student's leisure time for community work, these camps are organized during the vocations. During the Special Camps, students are expected to stay the communities where they are holding the camp. These camps are generally of 7 days duration. The objectives behind the theme will have to create awareness about health aspects like no usage of tobacco, HIV/AIDS awareness, Healthy food habits, hygiene drinking water, and water born diseases. Under this theme all the health related issues may be covered which include General Health, Mental health, Spiritual Health, HIV/AIDS, Sexual Abuse, Adolescent Health and Population Education.

As the part of NSS special village camp, Adgoan Kd. Taluka Rahata, Dist- Ahmednagar was adopted by the NSS units of PIMS University. All the four units i.e. Rural Medical College (RMC), Rural Dental College (RDC), Dr. APJ Abdul Kalam College of Physiotherapy and College of Nursing participated in the camp. Total of 200 NSS volunteers participated in the camp.

Camp Place	: Adgaon Kd., Tal Rahata, Dist Ahmednagar
Schedule	: 11 th to 17 th Feb 2019
NSS University Coordinator	: Dr. Sunil Bular (PIMS DU, Loni)
NSS Program Officers	: Dr. Varsha Mahavarakar (Rural Medical College, Loni) Dr. Prashant Viragi (Rural Dental College, Loni) Dr. Aashirwad Mahajan (DR.APJAK COPT, Loni) Prof. Jeetendra Belokar (College of Nursing, Loni)

Programme

Day	Date	Programme / Activity / Lecture	
		Time 3 p.m. to 5 p.m.	Time 6 p.m. to 8 p.m.
Monday	03/02/2020	Cleanliness of Camp Site	Opening Ceremony
Tuesday	04/02/2020	Rally – Health Personal Hygiene Family Survey	Dr. Sharad Borude Coordinator NSS Training centre Sub: Rural Development through NSS
Wednesday	05/02/2020	Health Diagnostic Camp & Dental Health Check up Camp (8.00 am to 1.00 pm) Team of Pravara Rural Hospital	Dr. Ashirwad Mahajan Sub: Role of Physiotherapy in Rural Health Dr. Prasahant Viragi Sub: Oral Health
Thursday	06/02/2020	Rally – No Tobacco/ Alcohol Family Survey	Shri. Chavan A.K. (Yoga Teacher) Sub: Yoga & Pranayam for Health Shri. K.B. Buchade Sub: Scout Guide Movement
Friday	07/02/2020	Rally – Geriatric Health Family Survey	Shri. Sachin Giri Wild Life Researcher Sub: Wild life Care (Lecture & Practical)
Saturday	08/02/2020	Rally – Cleanliness Family Survey	Cultural Programme, Street Play Recreational Games,
Sunday	09/02/2020	Closing Function	

NSS DAY WISE DETAILED NARRATIVE REPORT AND ACTION PHOTOS

Day 1: Session 1

Cleanliness drive: A cleanliness drive was organized wherein all the volunteers cleaned the premises where the camp was to be organized the school premises, the ZP premises and many other surrounding areas in the village. The volunteers actively participated in the drive. After completing this activity the volunteers made arrangements for the evening inauguration ceremony.



Preparation of the Camp



Cleanliness of the camp site

Session 2:

Inauguration ceremony: The ceremony began with inviting the guests on the dias. The guests included Dr. Walunj, Registrar, PIMS University and Mrs. Chandrakala K. Shelke, Shri. Nageshwar Sahebrao Kale, Shri. Mangesh Ashok Gaikwad, Mrs. Deepali Ganpat Shelke, Mrs. Bharti Kanifnath Mali, Mrs. Sangita Ramesh Shelke, Mrs. Mangal Shivaji Shelke, Shri Shivaji Namdeo Shelke, Shri. Jagannath Raosaheb Kadlag, Shri Santosh Desai from the village. Saraswathi Vandana was sung by NSS volunteers. This was followed by garlanding of the portraits of Padamshri Dr. Vitthalrao Vikhe Patil and Padmabhusan Awardee Dr. Balasaheb Vikhe Patil. Dr. Sunil Bular gives introductory speech about the NSS and the special camp. The dignitaries on the dias also spoke about the camp and asked all the villagers to actively participate in the camp. The ceremony was anchored by NSS volunteer. Vote of thanks was given by NSS volunteer. The ceremony concluded with the National Anthem.



Garlanding of Founder Fathers



Guidance by Dr. Walunj S.R., Registrar



Opening Ceremony

Day 2: Session 1:

Rally on awareness of dengue, chikungunya and cancer: A rally was conducted on the second day of the camp. All the volunteers participated in the rally. The rally was across the roads of the entire village. Volunteers rallied the slogans related to prevention of dengue, chikungunya and cancer. Volunteers carried the placards related to these. They went door to door during this rally mentioning the various activities of the camp and asking the villagers to participate in the same.



Rally & Home Visits

Session 2:

The second session of day consisted of lecture and demonstration on CPR (Cardio Pulmonary Resuscitation) by Dr.Aashirwad Mahajan (DR.APJAK COPT, Loni). The entire villager actively participated in the programme.



Lecture and demonstration on CPR by Dr. Aashirwad Mahajan

Day 3:

Health Check up Camp: On day 3, general health check-up and oral health check-up camp was organized for the villagers. Various departments from Medical, Dental, Physiotherapy and Nursing colleges participated in the camp. Villagers actively participated in the camp. In total **458** patients benefited from the camp. Free medicines were also provided for the patients. Health education was provided to all the school children. The NSS volunteers went door to door asking the villagers to participate in the health camp.





Health Check up Camp

Day 4: Session 1:

Rally on awareness of Typhoid: On day 4, a rally was conducted to spread the awareness of typhoid. All the volunteers participated in the rally. The rally was across the roads of the entire village. Volunteers rallied the slogans related to prevention of typhoid. Volunteers carried the placards related to these.



Rally on Typhoid

Session 2:

The second session of day four consisted of 3 lectures.

Lecture on “Yoga and Health”: Lecture & demonstrations were given by Shri A. K. Chavan, Yoga Teacher. He mentioned the importance of yoga in everyday living and also demonstrated yoga to the villagers and NSS volunteers. Volunteers and some of the villagers perform some Yogansana's and some Kriya's with the Yoga Guru, Shri Chavan Sir.



Lecture & Demonstrations on Yoga & Health

Scout Guide Movement: The second lecture was delivered by Mr. Mhaske. He briefly explains the Scout and Guide Movement and relates this movement to the National Service Scheme. He also spoke on various activities to be conducted in the camp.

Scout Guide and Disaster Management: The last lecture and demonstration on Scout Guide and Disaster Management was by Shri. K.B. Buchade (District Chief Commissioner, Scout and Guide, Ahmednagar). He mentioned the importance of Scout Guide in the disaster management. He gives demonstration of the various knots which were help in various disasters. He also thought everyone on how social messages could be delivered with the help of songs, making the messages interesting. The villagers and the volunteers enjoyed this lecture a lot.



Lecture by Shri K.B. Buchade sir on Scout & Guide for Disaster Management

**Day 5
Session 1**

Sports activities: All the volunteers from all the colleges divided themselves into two groups and went to two different schools. They encouraged the school children to participate in various sports conducted for them. The children enjoyed the activities a lot.



Recreational Sports for School Children

Session 1

Telecast of inspirational Movie: In this NSS committee decided to telecast the movie to the villagers of Adgaon. Toilet: One Love Story film was shown to the villagers on the screen with the help of LCD Projector. Villagers entertain as well as get good message from the movie about compulsory use of the toilet.

Day 6

Session 1

Cultural activities: Day 6 consisted of various skits, street plays, nukkadnataks and cultural programmes by NSS Volunteers. Plays were related to social causes. Everyone enjoyed the plays.



Cultural activities by NSS volunteers

Day 7:

Closing Function: The closing ceremony began with inviting the guests on the dais. For this ceremony all the guests were from the village. Ceremony began with summary of all the activities conducted during the last 6 days by Prof. Jitendra Belokar. This was followed by the sharing of the experiences of the NSS volunteers and villagers. The villagers felicitated the NSS University Coordinator, Dr. Sunil Bular and all the NSS Program Officers. The ceremony was anchored by NSS volunteer. Vote of thanks was given by Dr. Sunil Bular. The ceremony concluded with the National Anthem.



Closing ceremony