


Application for the post of:	Principal
Name:	 Dr. Rakesh Kumar Sinha MPT(Sports)
Date of Birth:	3 rd August 1971
Gender:	Male
Nationality:	Indian
Applicant's Address:	702, Mandar Building, Madhushree Park, Wadhe, Satara, Maharashtra -415011 Mob.: 9799783783 e-mail: smartphysio@gmail.com

Educational Qualification:

- **Master of Physiotherapy (Sports)** (Completed September 2002)
 - The Tamil Nadu Dr. M.G.R. Medical University, Chennai
 - Duration: September 2000 to September 2002 (62.3 %)
- **Bachelor of Physiotherapy (BPT)** (Completed February 1995)
 - National Institute for the Orthopaedically Handicapped (NIOH), Bon Hooghly, Kolkata-700 090, Calcutta University, Kolkata; West Bengal. (60.6%).

Professional Teaching Experience:

#	Designation and Institutes	Duration	Experience	Publications
1.	Principal, Ravi Nair Physiotherapy College, Datta Meghe Institute of Medical Sciences (Deemed to be University), Wardha	16 th January 2020 to 17 th February 2021.	1 Year 1 month	5
2.	Principal, Late Smt. S. G. Patel Institute of Physiotherapy, Dharmaj, Anand	1 st September 2015 to 13 th January 2020	4 Years 4 months	2
3.	Principal, Jaipur Physiotherapy College and Hospital, M. V. Global University, Jaipur	13 th June 2012 to 31 st August 2015	3 Years	--
4.	Principal, JCD College of Physiotherapy, Jan Nayak Ch. Devilal Vidyapeeth, Sirsa, Haryana	11 th July 2005 to 30 th September 2011	6 Years	2
5.	Reader & Head, Department of Physiotherapy, Sardar Bhagwan Singh Post Graduate Institute of Biomedical Science & Research, Dehradun	8 th December 2003 to 7 th July 2005	1 Year 7 months	---
6.	Principal, Swatantra Institute of Physiotherapy & Rehabilitation, Rajahmundry, Andhra Pradesh.	30 th November 2002 to 30 th November 2003	1 Year	---
7.	Principal Padmavathi College of Physiotherapy, Dharmapuri, Tamil Nadu	1 st February 1996 to 29 th November 2002	6 Years 10 Months	
8.	Lecturer Padmavathi College of Physiotherapy, Dharmapuri, Tamil Nadu	1 st July 1995 to 31 st January 1996	7 Months	
9.	Lecturer, Vivekanandha Institute of Medical Sciences & Research, Tiruchengode, Tamil Nadu	24 th April 1995 to 30 th June 1995	2 Months	---
Total Teaching & Clinical Experience:			25 Years	
PG Guide Since December 2003			18 Years	

Academic Exchange

I have an opportunity to serve as an external practical examiner, question paper setter, paper correction, moderator, chief / senior supervisor, expert for UG, and PG programs at several universities includes:

1. Sardar Patel University, Vallabh Vidyanagar Anand, Gujarat	2. Pravara Institute of Medical Sciences, Loni [Deemed University]
3. Rajasthan University of Health Sciences, Jaipur, Rajasthan	4. Maharaj Vinayak Global University, Jaipur, Rajasthan
5. Pandit B. D. Sharma University of Health Sciences, Rohtak, Haryana.	6. Kurukshetra University, Kurukshetra, Haryana
7. Devi Ahilya Viswavidyalaya, Indore	8. Charotar University of Science & Technology – CHARUSAT
9. H N Bahuguna University, Garhwal, Dehradun	10. Ch. Charan Singh University, Meerut
11. Jammu University, Jammu	12. NTR University of Health Sciences, Andhra Pradesh
13. The Tamilnadu Dr. MGR Medical University, Chennai	14. M. G. University of Medical Sciences & Technology, Jaipur, Rajasthan
15. Barkatullah University, Bhopal	16. Gujarat University
17. Maharashtra University of Health sciences	

Areas of Teaching Interests

1. Sports Physiotherapy
2. Neurological Physiotherapy
3. Rehabilitation
4. Research Methodology
5. Evidence Based Practice

Seminars / Experts talks / workshops delivered on:

1. Delivered a talk on Computer Applications in Physiotherapy at the UGC Sponsored National Seminar on Role of Statistics in Physiotherapy at Lyallpur Khalsa College, Jalandhar in 2010
2. Delivered a lecture on Physiotherapy Today—The Need, Perception & Reality in India at the National Seminar on the role of Physiotherapy in Health Care delivery the need and reality at Punjabi University, Patiala in January 2012.
3. Delivered a talk on Sports for the Disabled: Barriers and Breakthroughs at the Bangalore Physiotherapy Network conference in August 2015.
4. Delivered a talk at DST-GUJCOST sponsored seminar on “Adverse Drug Reaction Reporting and Monitoring is Prime Need in INDIA” organized at IPCPRC, Dharmaj in January 2019.

5. Delivered a talk on Fitness testing and training for amateur & recreational athletes in a CME organised by KIMS Karad and IAP Women's Cell Satara on virtual platform in July 2020

Conference / Seminars / Workshops attended :

- a. Enbloc' 96 at Ultra college of Physiotherapy, Madurai.
- b. Stride' 98 at Saveetha college of Physiotherapy, Chennai.
- c. IAP conference at Trivandrum in 1998.
- d. Organised & Attended workshop on the management of Cerebral palsy and Hemiplegia in Padmavathi College of Physiotherapy, Dharmapuri, T.N in 2000
- e. Rendezvous' 99 at R.V.S college of Physiotherapy, Coimbatore.
- f. Physiotherapy meet at Garden City college of Physiotherapy, Bangalore in 2002.
- g. Stride 2002 at Saveetha College, Chennai.
- h. Synergy' 2004, 1st North India Physiotherapy conference at SBSPGI, Dehradun.
- i. Organised & Attended the 4-day international Workshop on Manual Therapy Techniques in collaboration with Manual Therapy Foundation of India at JCD College of Physiotherapy, Sirsa in 2009
- j. 1st Conference of IAP Chandigarh branch in 2010
- k. National Seminar on the Role of Physiotherapy in Health Care delivery the need and reality at Punjabi University, Patiala in January 2011
- l. Organised and Attended the seminar on Physiotherapy & Occupational Therapy Intervention in intellectually Disabled Child at M V Global University, Jaipur in 2012
- m. Organised and Attended a workshop on "Manual Therapy Concepts" An integrated approach for the Vertebral Column and pelvic Complex by MTFI at M V Global University, Jaipur in 2013.
- n. IIIrd International Conference of Physical Therapy organised at AIIMS, New Delhi in December 2014
- o. Organised a workshop on "Manual Therapy Concepts" An integrated approach for the Vertebral Column and pelvic Complex by MTFI at Late Smt. S. G. Patel Institute of Physiotherapy, Dharmaj in 2018
- p. Was the Chairperson for a scientific session at PHYSIOCON Chandigarh, 2-day Conference of IAP Chandigarh Branch & PGI in 2018
- q. Was the Guest of Honour in the DST-GUJCOST sponsored 2 Day national Seminar on Adverse Drug Reaction Reporting and Monitoring is Prime Need in India at Indu Bhai Patel College of Pharmacy & Research Centre, Anand
- r. Organised the virtual conference CRANIOCON 2020 organised by Ravi Nair Physiotherapy College in Nov 2020

Awards / Recognition

Received the Physio Rattan Award at the IIIrd International Conference of Physical Therapy organised at AIIMS, New Delhi in December 2014

Publications

1. Published a chapter titled Physiotherapy in India: Need, perception & Reality in the book titled Physiotherapy in Health Care-Need and the Reality published by Punjabi University, Patiala in the year 2012
2. Co-author of the chapter titled Cardiopulmonary Physiotherapy: The Need Approach & Reality of delivery in India in the book titled Physiotherapy in Health Care-Need and the Reality published by Punjabi University, Patiala in the year 2012
3. Co-author of the paper titled A Study Establishing the Importance of Body Composition Analysis, Regular Physiotherapy and Dietary Modifications for Independent and Healthy Living Among Geriatric Population: A Detailed Systemic Review Article published in the International Journal of Physiotherapy in the year 2015.
4. Co-author of the paper titled Cross-Cultural Adaptation, Reliability and Validity of Gujarati Version of Fear Avoidance Belief Questionnaire in Chronic Low Back Pain in Natl J Integr Res Med in 2016
5. Published a paper titled Effectiveness of Structured Exercise Protocol on Functional Performance in Subjects with Covid-19 in International Journal of Research in Pharmaceutical Sciences in 2020
6. Co-author of the paper titled Effect of Psychomotor physiotherapy with individualized physiotherapy program on pain, kinesiophobia and functional outcome following Transforaminal Interbody Lumbar Fusion (TLIF): A case report in Medical Science Journal in 2020
7. Co-author of the paper titled Effects of Body Position on the Outcome of Pulmonary Function Tests in Non-Mechanically Ventilated Adults: A Brief Review accepted for publication in Indian Journal of Forensic Medicine & Toxicology
8. Paper titled A Cross-sectional online survey of relationship between the psychological impacts of Coronavirus Disease 2019 (COVID-19) lockdown and the Resilience among Physiotherapy professionals in India published in Medical Science Journal
9. Paper titled Impact of Active Release Technique and Core Strengthening on Pain, Muscle Stiffness, Muscle Hardness and Quality of Life on Non-Specific Low Back pain-An Experimental Study published in the Indian Journal of Forensic Medicine & Toxicology

Souvenir Published:

1. Initiated and published the souvenir of Padmavathi College of Physiotherapy
2. Initiated and published “**SPLASH**” the souvenir of JCD College of Physiotherapy

University Related:

1. Approved PG teacher for MPT program of NTR University of Health Sciences, A P.
2. Approved PG teacher for MPT program of HNB Garhwal University, Uttarakhand
3. Approved as Principal by Kurukshetra University, Haryana
4. Head of the committee to form the BPT & MPT syllabus of M V Global University
5. Dean of Physiotherapy & Occupational Therapy at M V Global University, Jaipur
6. Approved as Principal by Sardar Patel university, Vidyanagar, Anand, Gujarat
7. PhD Guide at M V Global University, Jaipur

Professional Membership:

1. Indian Association of Physiotherapists: 4023 L.

Date: 29/12/2021

Place: Satara, Maharashtra

Dr. R. K. Sinha