



Report NSS Special Camp

Dadh Bk, Tal- Rahata, Dist Ahmednagar

11th - 17th March, 2024



NATIONAL SERVICE SCHEME
PRAVARA INSTITUTE OF MEDICAL SCIENCES
(Deemed to be University)



NSS Special Camp

As a part of NSS special village camp, Dadh village was selected by the NSS units of PIMS University. All the four units i.e. Dr. Balasaheb Vikhe Patil Rural Medical College, Rural Dental College, Dr. APJ Abdul Kalam College of Physiotherapy and Smt. Sindhutai Eknathrao Vikhe Patil College of Nursing participated in the camp. The camp was conducted from 11th Mar 2024 to 17th Mar 2024. 50 NSS volunteers from each unit i.e. a total of 200 NSS volunteers participated in the camp. Various activities and lectures were conducted for the benefit of the villagers.

NSS was established in 1969 with a vision of personality development of students through community service as well as development of rural areas in India. NSS Unit has been introduced in colleges with an objective of establishing a sense of social responsibility amongst students and inculcating values of self-discipline and selfless dedication towards community development.

NSS works mainly on the principle of NOT ME BUT YOU. The candidates who are involved in its activities work together with the people of the society for the benefit of the society, environmental protection, health and cleanliness, to help the people suffering at the time of emergency or natural calamity. National Service Scheme (NSS) is an Indian government sponsored programme under the Department of Youth Affairs and Sports, Government of India, which has been initiated primarily to inculcate the spirit of participation in nation building through social work among the students.

- Venue of the Camp: Dadh Bk, Tal Rahata, Dist Ahmednagar
- Schedule: 11th Mar 2024 to 17th Mar 2024
- NSS University Coordinator: Dr. Sunil Bular
- NSS Program Officer (RDC): Dr. Prashant Viragi
- NSS Program Officer (DR. APJAK COPT): Dr. Tejas Suryavanshi
- NSS Program Officer (SSEVPCON): Prof. Sujata Umbarkar
- NSS Program Officer (DBVPRMC): Dr. Bharat Bhoi

In this camp different activities were scheduled such as Guest Lectures, Cleanliness Programme, Tree plantation drive, CPR Demonstration and training, Street play and Multi-Diagnostic Health Check-up camp. Series of Guest lecture were conducted on the aspects of



psychological health, organic farming, and geriatric health. Multi-Diagnostic Health Camp was held on 12th March.

The Objectives of Camp:

1. To understand the community of Dadh Village and work to solve their health problems
2. To identify the health needs and problems of this village
3. To make awareness about reproductive health and cancer, importance of physiotherapy, basic life support among village people.
4. To conduct community oriented programmes
5. To give message of team work through effort works like tree plantation, health checkup, and street play
6. To inculcate healthy and good habits among the youth and to infuse in them the spirit of national service
7. To conduct different programs on various issues sexual and reproductive health, selfconfidence.

There were different committees for the volunteers for the smooth conduct of the camp before leaving for the Special camp. Various committees like food committee, catering committee, hygiene committee, cultural committee, health survey committee and committee assisting the consultants and residents in health check-up were formed. This planning of work helped to conduct all events smoothly and successfully. This camp also provided opportunity to develop leadership qualities of students and promote healthy team work atmosphere.

PIMS NSS Programme Coordinator along with All NSS Programme officers of the constituent units visited the adopted village Dadh Bk, interacted with Panchayat Sarpanch, Dy. Sarpanch and Gramsevak and took the permission to conduct Special Camp from 11.03.2024 to 17.03.2024. NSS Programme Officers along with volunteers visited the surroundings of Dadh Bk Village, met students and teachers of Primary School, HighSchool and Anganwadi sevika.

Day 1: Monday, 11th March 2024**Day 1: Session 1:**

Cleanliness drive: A cleanliness drive was organised wherein all the volunteers cleaned the premises where the camp was to be organised, the school premises, the ZP premises and many other surroundings areas in the village. The volunteers actively participated in the drive. After completing this, the volunteers made arrangements for the inauguration ceremony.

**Day 1: Session 2:**

Inauguration ceremony: The ceremony began with inviting the guests on the dais. Shri. Tatyasaheb Satpute (Sarpanch) and Shri. Nakul Tambe (Deputy Sarpanch) was the chief guests for the function. Saraswathi Vandana and NSS Song were sung by NSS volunteers. This was followed by garlanding of the portraits of Padmashri Dr. Vitthalrao Vikhe Patil, Padmabhushan Dr. Balasaheb Vikhe Patil and Smt. Sindhutai Vikhe Patil. Dr. Sunil Bular PIMS NSS Programme Coordinator in his introductory speech elaborates the information and objectives of the NSS Special Camp. The dignitaries on the dais also spoke about the camp and asked all the villagers to actively participate in the camp.





Day 2: Tuesday, 12th March 2024

General Health and Dental health checkup

On day 2, general health check-up and oral health check-up was organized for the villagers. Various departments from medical, dental, physiotherapy and nursing colleges participated in the camp. Villagers actively participated in the camp. In total 228 patients benefited from the camp. Free medicines were also provided for the patients. Health education was provided to all the school children. The NSS volunteers went door to door asking the villagers to participate in the health camp.

A multi-diagnostic general health and oral health camp was organized for the community people in Dadh village. Before this camp, all NSS volunteers made awareness in whole village by going door to door regarding various health issues and told them to come for screening during health camp. Around 428 beneficiaries were screened by various speciality physicians during this camp. School children were also screened for common health problems. This health camp was wholeheartedly supported by the Pravara Medical Trust's Pravara Rural Hospital Loni. A good response by the village people was seen during the camp.





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Note: Captured by GPS Map Camera



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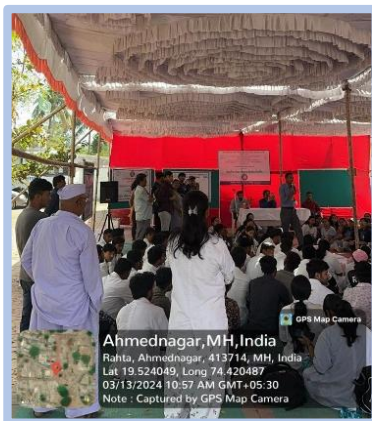


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Day3: Wednesday, 13th March 2024

Session 1:

Session 1 consisted of a lecture and demonstration was on Basic life support CPR (Cardio Respiratory Resuscitation) by Dr. Aashirwad Mahajan Professor, Dr. APJAK College of Physiotherapy. He demonstrated CPR which was later practised by many of the villagers and NSS volunteers.



Session 2:

The second session of day 2 consists of a lecture on Organic Farming by Dr. Mahaveer Singh Chouhan, Professor Mahatma Phule Agriculture University, Rahuri. He mentioned the importance of organic farming for farmers as well as society at large.

**Day 4: Thursday, 14th March 2024****Session 1:**

The first session of day 4 consisted of a lecture on de-addiction by Dr. (Brig) P.S. Bhat (HOD, Dept of Psychiatry) and Mr Suhas Jamale (Clinical Psychologist). In his lecture he gave emphasis on the various points. Addiction is a disease that affects your brain and behaviour. When you're addicted to drugs, you can't resist the urge to use them, no matter how much harm the drugs may cause. The earlier you get treatment for drug addiction the more likely you are to avoid some of the more dire consequences of the disease.



Sessions 2:

Rally

Rally: A rally was conducted on the fourth day of the camp. All the volunteers participated in the rally. The rally was across the roads of the entire village. Volunteers rallied the slogans related to health, development, sanitation and many others. Volunteers carried the placards related to these. They went door to door during this rally mentioning the various activities of the camp and asking the villagers to participate in the same.



Day 5: Friday, 15th March 2024

Session 1:

Nutritional exhibition: An exhibition on the importance of nutrition and balanced diet was carried out by the college of nursing. The objective of the Nutritional exhibition is to provide the knowledge of nutritious intake of food for healthy living. Nutritional awareness is also related to knowledge of the interrelationships between nutritional matters and human life, which may have an effect on a person's life. In this exhibition, nutritional awareness entails being cognizant of the kind of foods an individual eats and the reasons for eating such foods.



Session 2:

Lecture on First Aid: (Dr. Heera Jaysheela, Professor, SSEVP College of Nursing, Loni.)

Lecture consists of the aims of first aid include preserving life, preventing injury from getting worse, aiding recovery, relieving pain, and protecting the unconscious. First Aid provides emergency care information for a range of situations, including first aid, cardiac emergencies, stroke, burns, choking, allergic reactions, and more.

Lecture on the importance of mother and child health: (Prof. Sonali Kasid SSEVP College of Nursing, Loni)

Maternal health plays a vital role in ensuring the health and well-being of both the mother and the child. Maternal and child health is important because it serves as a fundamental metric of a successful society or nation.



Day 6: Saturday, 16th March 2024

Session 1:

Street Plays: On the 6th day skits, Street play related to social issues were performed by NSS volunteers. The skits were performed in market areas so that more number of villagers were attended the same.





Day 7: 17th March 2024-Sunday

Closing Function: The closing ceremony began with inviting the guests on the dais. Ceremony began with summary of all the activities conducted during the last 6 days. This was followed by the sharing of the experiences of the NSS volunteers and villagers. The ceremony was anchored by NSS volunteer. Vote of thanks was given by Dr. Tejas Suryavanshi. The ceremony concluded with the National Anthem.

